

# Hydroponic micro and macro nutrient sufficiency ranges

When you want to prepare a nutrient solution one of the first things you want to know is which concentration ranges are appropriate for the growth of the specific plant specie you want to cultivate. You will definitely want to make sure that you do not feed either too much or too little of any of the essential nutrients a plant requires. Lucky for you there is a ton of research surrounding what we call “sufficiency ranges” in hydroponic culture. The sufficiency range of a nutrient is simply the range of concentration where a plant does not show a toxicity or a deficiency but develops in a normal manner. On this blog post we will talk about the different sufficiency ranges that are provided across the scientific literature and what they tell us about plant nutritional needs.

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**Table 4.3.** Target nutrient levels in NFT solution in ppm. (Beam et al. 1990, Ministry of Agriculture and Food, Ontario 1988)

pH		5.5	6.0	6.5
Conductivity ( $\mu\text{S}/\text{cm}$ )		1800	2000–2500	3500
		Minimum <sup>a</sup>	Optimum	Maximum
Nitrate nitrogen	( $\text{NO}_3^-$ -N)	50	150–200	300
Ammonium nitrogen	( $\text{NH}_4^+$ -N)	5	10–15	20
Phosphorus	(P)	20	50	200
Potassium	(K)	100	300–500	800
Calcium	(Ca)	125	150–300	400
Magnesium	(Mg)	25	50	100
Iron	(Fe)	1.5	6	12
Manganese	(Mn)	0.5	1	2.5
Copper	(Cu)	0.05	0.1	1
Zinc	(Zn)	0.05	0.5	2.5
Boron	(B)	0.1	0.3–0.5	1.5
Molybdenum	(Mo)	0.01	0.05	0.1
Sodium	(Na)	–	<30	<90
Chloride	(Cl)	–	<50	<150
Sulfur	(S)	–	50–200	–

<sup>a</sup>The concentrations listed as minimum are the approximate lower limit of a preferred range; in general, these minimum values are above those at which deficiency symptoms would develop

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The first thing to be clear about is that there is no single “sufficiency range” table. There have been many people who have worked on this subject using different plants and each one of them will tell you that the sufficiency range is slightly different. The above hydroponic nutrient concentration table shows you the minimum, optimal and maximum nutrient values that were determined by the Canadian ministry of Food and Agriculture using NFT systems. These requirements were determined for flowering plants – mainly tomatoes – reason why you can see the optimum Ca range at 150-300 and the optimum K range at 300-500. Also notice the very high optimal Fe requirement of 6 ppm. This is almost certainly using either a form of unchelated Fe or an Fe chelate that is not so stable in the hydroponic conditions under study. The sufficiency range of micro-nutrients also depends on exactly what form of the micro nutrients you use since some forms are absorbed much more efficiently than others (it’s not the same to have 3 ppm of simple Fe<sup>+2</sup> or 3ppm of FeEDDHA).

In general you’ll see that micro-nutrient sufficiency ranges have the most disparity between different sufficiency range tables. This is mainly because both the form of the micro nutrient and the specific cultivation media play a huge role in determining sufficient and toxic levels in hydroponic culture. For example a media like peat moss will contain a far greater amount of micro-nutrients than something like say, rockwool, so it is very important to account for media contributions when assessing micro-nutrient sufficiency ranges. While plants require so much macro nutrients that the sufficiency ranges are fairly coherent between different studies in the case of the micro nutrients the media choice itself could provide the entire requirement of a micro-nutrient through the plant’s growth cycle.

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**Table 4.4.** Nutrient concentrations and chemicals for tomatoes in NFT

Element	Desirable concentration (ppm)	Chemicals
Nitrate nitrogen	150–200	KNO <sub>3</sub> , NH <sub>4</sub> NO <sub>3</sub> , Ca(NO <sub>3</sub> ) <sub>2</sub>
Ammonium nitrogen	0–20	NH <sub>4</sub> NO <sub>3</sub> , (NH <sub>4</sub> ) <sub>2</sub> SO <sub>4</sub>
Potassium	300–500	KNO <sub>3</sub> , K <sub>2</sub> SO <sub>4</sub> , KH <sub>2</sub> PO <sub>4</sub>
Phosphorus	50	KH <sub>2</sub> PO <sub>4</sub> , NaH <sub>2</sub> PO <sub>4</sub> , CaHPO <sub>4</sub>
Calcium	150–300	Ca(NO <sub>3</sub> ) <sub>2</sub> , CaSO <sub>4</sub> , CaHPO <sub>4</sub>
Magnesium	50	MgSO <sub>4</sub> , Mg(NO <sub>3</sub> ) <sub>2</sub>
Iron	3	FeEDTA, FeEDDHA
Manganese	1	MnSO <sub>4</sub>
Copper	0.1	CuSO <sub>4</sub>
Zinc	0.1	ZnSO <sub>4</sub>
Boron	0.3–0.5	H <sub>3</sub> BO <sub>3</sub>
Molybdenum	0.05	(NH <sub>4</sub> ) <sub>6</sub> MO <sub>7</sub> O <sub>24</sub>
Sodium	Maximum 250	
Chlorine	Maximum 200	

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The second image shows another sufficiency range table for hydroponic nutrients. This time we can see the source salts being used. As you can see we have a fairly good agreement in the macro-nutrients – with perhaps the exception of the ammonium minimum being set at zero – but in the case of the micros we see that the recommended amount of Fe is actually 3 ppm instead of the 6 ppm that were recommended before. This is most probably because in this case some percentage of this was given as FeEDDHA, which is much more effectively absorbed than either unchelated Fe sources or Fe EDTA. The boron range is exactly the same and this is undoubtedly because boron is always supplied in the same manner in hydroponic crops, therefore its sufficiency range tends to be coherent as long as the same plant species is used for determination.

Macro nutrient suggestions are also not free from variations. Depending on the method used to determine the sufficiency range there can also be differences. The table below shows you yet another sufficiency range table which was geared towards maximum yields in terms of product weight. In this case you can see optimum K concentrations in the 50-200 range which is confusing given that the two tables before had suggested a much higher range of 300-500 ppm. Who is right here then? Do plants require 300-500 ppm of K for optimum growth or can they

do fine with 50-200?

TABLE 8.1 Ranges of the Essential Element Concentrations in Nutrient Solutions and Plant Tissues, and the Required Annual Amounts for Maximum Yields

Element	Chemical symbol	Form available to plants	Nutrient solution	Plant tissues	Annual consumption
<i>Macroelements</i>			mg L <sup>-1</sup>	g kg <sup>-1</sup>	kg ha <sup>-1</sup> y <sup>-1</sup>
Calcium	Ca	Ca <sup>+2</sup>	40-200	2.0-9.4	10-200
Magnesium	Mg	Mg <sup>+2</sup>	10-50	1.0-2.1	4-50
Nitrogen	N	NO <sub>3</sub> <sup>-</sup> , NH <sub>4</sub> <sup>+</sup>	50-200	10-56	50-300
Phosphorus	P	HPO <sub>4</sub> <sup>-2</sup> , H <sub>2</sub> PO <sub>4</sub> <sup>-</sup>	5-50	1.2-5.0	5-50
Potassium	K	K <sup>+</sup>	50-200	14-64	40-250
Sulfur	S	SO <sub>4</sub> <sup>-2</sup>	5-50	2.8-9.3	6-50
<i>Micronutrients</i>			mgL <sup>-1</sup>	μgg <sup>-1</sup>	g ha <sup>-1</sup> y <sup>-1</sup>
Boron	B	H <sub>3</sub> BO <sub>3</sub> , HBO <sub>3</sub> <sup>-</sup>	0.1-0.3	1.0-35	50-250
Copper	Cu	Cu <sup>+</sup> , Cu <sup>+2</sup>	0.001-0.01	2.3-7.0	33-230
Iron	Fe	Fe <sup>+3</sup> , Fe <sup>+2</sup>	0.5-3	53-550	100-4000
Manganese	Mn	Mn <sup>+2</sup>	0.1-1.0	50-250	100-2000
Molybdenum	Mo	MoO <sub>4</sub> <sup>-2</sup>	0.01-0.1	1.0-2.0	15-30
Zinc	Zn	Zn <sup>+2</sup>	0.01-0.1	10-100	50-500

The answer is that both can be right. Under some growing systems plants might require the solution to have more K because the setup might make K absorption harder while in other setups you might want to have lower K. This sort of contradiction surfaces constantly in hydroponic nutritional studies, simply because the variability in the subject of study (yields of a certain plant) will tend to vary very significantly depending on exactly which plant is grown and under which conditions. Just the plant and its development phase can make a huge difference in what has actually been found to work better.

Checkout for example the Israeli service recommendations for growing three different plants across their life cycle. You can see that the amount of nutrients they use can be different from what we have learned before. In this case their recommendations for all plants fall within the sufficiency ranges in the previous table but notice how for strawberry plants we use a potassium level that is at most 90 ppm while for tomatoes we go as high as 250 ppm within the fruit ripening stage. Also notice how in the case of sweet peppers the P can go as high as 150 ppm while for tomatoes we always stay within the 30-40 ppm range. If we had followed the previous recommendations we would have never considered

something like a 150 ppm of P to be an acceptable value for this element, since all of these sufficiency range studies point to the optimum P being 50 ppm. However a sweet pepper is not a tomato. In the same way that a house cat isn't a tiger.

TABLE 8.2 Recommended Nutrient Solution Compositions Matched to the Growth Phase in Soilless Culture in Israel

Growth phase	N	P	K (mg L <sup>-1</sup> )	Ca	Mg
<i>Strawberry in greenhouse</i>					
Transplanting	55-60	20-25	45-60	60-70	35-40
Anthesis and first fruit wave	70-85	20-25	70-90	100	45
Second fruit wave	80-85	25-30	80-90	100	45
Third fruit wave	80-85	25-30	80-90	100	45
Fourth fruit wave	55-60	20-25	55-60	80	35
<i>Summer sweet pepper in greenhouse and net-house</i>					
Transplanting to blooming	50-60	50-60	75-80		
Anthesis to fruit growth	80-100	80-100	100-120		
Fruit ripening and harvesting	100-120	100-120	140-160		
Fruit harvesting	130-150	130-150	180-200		
<i>Fall-winter tomato</i>					
Transplanting	80-90	30-40	120-140	180-220	40-50
Blooming and anthesis	120-150	30-40	180-220	230-250	40-50
Fruit ripening and harvesting	180-200	30-40	230-250	180-220	40-50
Fruit harvesting	120-150	30-40	180-220	180-220	40-50

Source: Israeli Extension Service Recommendations.

So although sufficiency range tables are good to determine starting points, you should be well aware that these tables need to be considered in the context in which they were created. The plant used, the exact nutrient salts used and the growing system can all play significant roles that may cause two sufficiency studies to tell you very different things. In the end the best thing that can be done is to use the values for the plant that is taxonomically closest to the one you want to study in the system that resembles your system the most and then go from there to establish what the best values are in your particular case.