

# Keeping plants short: Synthetic gibberellin inhibitors

Plants grow both vertically and horizontally. A plant will develop branches along its stem – expanding horizontally – and the stem will grow towards the sun, making the plant taller. This vertical growth is almost always an undesirable quality, both in extensive and intensive crops, which creates an opportunity to improve plant cultures by attempting to reduce the height of plants. You can read more about why making short plants is important in [this post](#). Although there are many potential ways to achieve this – which I will discuss in detail in future posts – this post will deal with the most powerful tools that have been developed for this purpose, a class of plant growth regulators (PGRs) known as gibberellin inhibitors or more commonly as “growth retardants”.

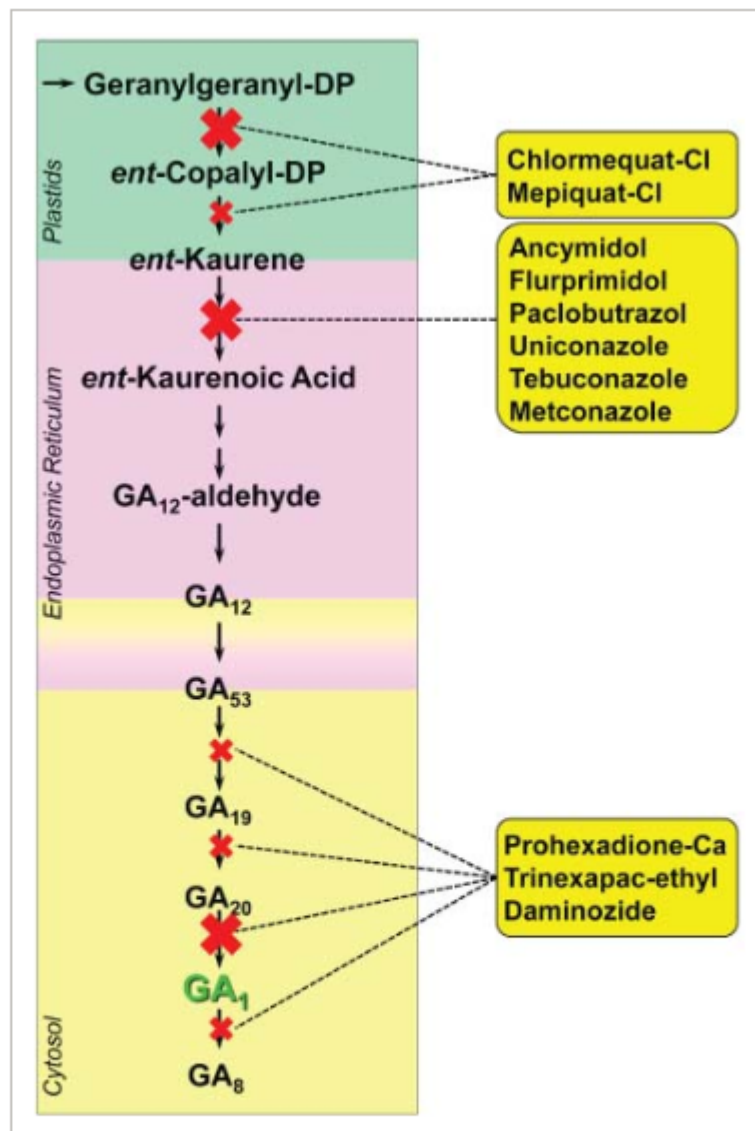


Figure 12.2

[Open in figure viewer](#) | [PowerPoint](#)

Main steps of gibberellin biosynthesis leading to biologically active GA<sub>1</sub> and points of inhibition by plant growth retardants. The cellular locations of the reactions is indicated by different greyscales. (The conversion of GA<sub>12</sub> into GA<sub>53</sub> can be located in both the endoplasmic reticulum or the cytosol.)

This figure was taken from [this article](#).

Making a plant grow shorter is no trivial task. This is because we do not want to make the plant less productive, but we want the same productivity of a tall plant in a much bushier and compact package. We therefore need to inhibit vegetative growth without affecting the flowering stages of our plant. Scientists figured out around 30 years ago that a set of plant hormones called gibberellins played a critical role in the vegetative growth of plants – especially the elongation of a plant -so these became a prime target to stop

growth. If you can disrupt the gibberellin creation pathway right when the plant is supposed to stretch, then the plant will stop growing vertically without the flowering development of the plant being affected at all.

We have found several different types of compounds that can do this. The figure above shows you the gibberellin synthesis path and the steps where different molecules have been shown to disrupt it. Among the most powerful and commonly used were the ones that disrupted the conversion of kaurene to kaurenoic acid, with the most famous one being paclobutrazol. In the other groups the most commonly used ones were chlormequat and daminozide. These molecules are all part of the first generation of gibberellin inhibitors and they did exactly what they were supposed to, proving to be extremely powerful growth retardants that were able to keep plants compact and strongly increased yields in several different crops.

However it soon became evident that their toxicity and retention in plant tissue is significant. Paclobutrazol has been shown to be toxic, having developmental and reproductive effects in rats ([1](#)) although it has been shown not to be carcinogenic in humans but still very toxic to aquatic life ([2](#)). The use of paclobutrazol on food crops is therefore not recommended, but whether or not it's actually allowed or not depends on the legislation of the country where you're in. Some countries will allow paclobutrazol to be used as long as enough time is given between application and the development of the edible parts of the crop and then again this usually only applies to a limited number of crops where the time between use and harvest can be guaranteed to be long enough. Chlormequat and daminozide follow similar stories, although in the case of daminozide it was discovered that it was carcinogenic and its use in edible crops was completely banned world wide in the late 1980s.

**Table 2. Pesticide analytes and their action levels**

Analyte	Chemical Abstract Services (CAS) Registry number	Action level ppm	Analyte	Chemical Abstract Services (CAS) Registry number	Action level ppm
Abamectin	71751-41-2	0.5	Imazalil	35554-44-0	0.2
Acephate	30560-19-1	0.4	Imidacloprid	138261-41-3	0.4
Acequinocyl	57960-19-7	2	Kresoxim-methyl	143390-89-0	0.4
Acetamiprid	135410-20-7	0.2	Malathion	121-75-5	0.2
Aldicarb	116-06-3	0.4	Metalaxyl	57837-19-1	0.2
Azoxystrobin	131860-33-8	0.2	Methiocarb	2032-65-7	0.2
Bifenazate	149877-41-8	0.2	Methomyl	16752-77-5	0.4
Bifenthrin	82657-04-3	0.2	Methyl parathion	298-00-0	0.2
Boscalid	188425-85-6	0.4	MGK-264	113-48-4	0.2
Carbaryl	63-25-2	0.2	Myclobutanil	88671-89-0	0.2
Carbofuran	1563-66-2	0.2	Naled	300-76-5	0.5
Chlorantraniliprole	500008-45-7	0.2	Oxamyl	23135-22-0	1
Chlorfenapyr	122453-73-0	1	Paclobutrazol	76738-62-0	0.4
Chlorpyrifos	2921-88-2	0.2	Permethrins*	52645-53-1	0.2
Clofentezine	74115-24-5	0.2	Phosmet	732-11-6	0.2
Cyfluthrin	68359-37-5	1	Piperonyl butoxide	51-03-6	2
Cypermethrin	52315-07-8	1	Prallethrin	23031-36-9	0.2
Daminozide	1596-84-5	1	Propiconazole	60207-90-1	0.4
DDVP (Dichlorvos)	62-73-7	0.1	Propoxur	114-26-1	0.2
Diazinon	333-41-5	0.2	Pyrethrins†	8003-34-7	1
Dimethoate	60-51-5	0.2	Pyridaben	96489-71-3	0.2
Ethoprophos	13194-48-4	0.2	Spinosad	168316-95-8	0.2
Etofenprox	80844-07-1	0.4	Spiromesifen	283594-90-1	0.2
Etoxazole	153233-91-1	0.2	Spirotetramat	203313-25-1	0.2
Fenoxycarb	72490-01-8	0.2	Spiroxamine	118134-30-8	0.4
Fenpyroximate	134098-61-6	0.4	Tebuconazole	80443-41-0	0.4
Fipronil	120068-37-3	0.4	Thiacloprid	111988-49-9	0.2
Fonicamid	158062-67-0	1	Thiamethoxam	153719-23-4	0.2
Fludioxonil	131341-86-1	0.4	Trifloxystrobin	141517-21-7	0.2
Hexythiazox	78587-05-0	1			

Table taken from [here](#), these are substances banned for use in cannabis by the state of Oregon. You can see how several of the above mentioned growth retardants are present.

The above developments caused chemical companies to search for and develop new gibberellin synthesis inhibitors with lower toxicities and lower accumulation in plants that could be approved for use in edible crops. This led to the development of Prohexadione-Ca and Trinexapac-ethyl, which are two of the most commonly used growth retardants right now. These two have considerably lower toxicities and lower half-lives in the environment. For this reason trinexapac-ethyl has been approved for general use in places like New York (3). In this document the toxicity for mammals and aquatic life is discussed and trinexapac-ethyl is not found to be a threat to humans or animals at the maximum suggested application rate.

This is mainly due to the fact that it's quickly bio degraded in the environment. A risk assessment made by the EFSA also reached similar conclusions (4). Another EFSA risk assessment for prohexadione-Ca also points in the same direction (5). Prohexadione-Ca is currently approved by the EPA for use in apples, grass grown for seed, peanuts, pears, strawberries, sweet cherry, turf, watercress, alfalfa and corn (6).

Optimal results with these new growth retardants also require careful consideration of the application formulation, the application time and adequate pairing of the PGR with the plant being grown . For example in apple trees much larger doses of Trinexapac-ethyl are required compared to Prohexadione-Ca to achieve the same results and trees that have been treated with Trinexapac-ethyl can have important reductions of flowers in subsequent crops (7).

With the development of less toxic and still highly active growth retardants, it might seem like a no-brainer to use these in crops to prevent elongation and increase yields. However the introduction of inhibitors in the gibberellin pathway is not without further consequence as this path is also important to guide the production of important phytonutrients and essential oils. When using these growth retardants it's important to evaluate their effect in the quality of the product, as they can also lead to a change in the properties of the end product. For example in apples these PGRs can induce the production of luteoforol, a flavonoid they normally do not produce (8).