

Growing Citrus Trees in a Hydroponic Garden

While hydroponic gardening is most often done with plants like tomatoes, lettuce and bell pepper, it is well known that the hydroponic growing technique can be applied to a large variety of plants with different degrees of success. One type of plant that is an all time grower favorite is the citrus tree. Plants such as orange, lemon and mandarin (called citric because of their high citric acid content) can be grown effectively in a hydroponic garden.

Before you start your quest for a hydroponic citrus tree, beware that this type of plant demands somewhat warm weather and high amounts of light. These plants are not very good at indoor growing unless some LED growing lamps are used to complement lightning (although high pressure sodium and halide lamps can also be used).

Once you decide to grow a citrus tree the first step is to either find a suitable candidate from a nursery or grow your own from seed. If you want to grow from seed, beware that it will take the plant 3 to 5 years in order to start bearing fruit. If this is unacceptable, find a plant at a local nursery that has the age you require. If you are growing from seeds, soak the seeds inside a napkin for 2 days and then remove the external seed coating. This guarantees effective germination once the seed is planted.

For the best results, I recommend using a 5 gallon container filled with rice husk, perlite or vermiculite fitted with adequate tubing at the bottom for nutrient solution evacuation. I recommend installing a drip irrigation system with at least 3 drip emitters per citrus tree you planted.

As for the nutrient solution, I recommend using a Hoagland solution, first at half strength and then at full strength as the plant starts to grow. Your hydroponic citrus tree will not probably grow as big as an actual citrus tree but will bear

fruit of normal size and sometimes even in the same quantities. Since your tree is in a hydroponics system, it will (if the solution is taken care of) never have to face any iron or manganese deficiencies common to soil grown citrus trees. Sometime in the next month I will publish a detailed how to on the construction of the hydroponic system itself.



Beneficial Fungi in Hydroponic Gardening

In common hydroponic culture, the growing media and the hydroponic nutrient solution are kept sterile in order to guarantee the absence of malicious plant pathogens. This however, changes the root environment dramatically and places plant roots in a media which is totally inert and different from the media in which they evolved, soil.

However, hydroponic gardening offers an important advantage in that adequate beneficial microorganisms can be cultured with our hydroponic plants, making the root environment change towards a much more soil-like beneficial media which stimulates nutrient absorption, prevents pathogens and increases growth.

Amongst all the microorganisms that can be introduced into hydroponic media, none are as beneficial as the fungi commonly known as mycorrhiza. This term refers to fungi that create important symbiotic bonds with the plant's roots, activating the plant's internal defense mechanisms and boosting its nutrient uptake capabilities by using the fungus's hyphae as nutrient uptake vehicles with a much higher surface area than common plant roots.

In practice, I have introduced *Trichoderma* species of fungi

into my hydroponic solution every crop for the past 2 years with very good results. Trichoderma visibly stimulate the plant, making it vigorous and more productive than a traditional hydroponic plant. The fungi also increase the plant's ability to assimilate phosphorous, something which is a problem where I live due to low ambient temperatures (which hinder P uptake). In order to use Trichoderma efficiently in your hydroponic solution you should lower the amount of phosphorous under 40 ppm because higher amounts of this element inhibit the fungi's development.

With this in mind I hope that all of you who have considered biological help in your hydroponic garden will start using these incredible microorganisms which are very good at helping your plants develop and maintain an adequate level of productivity. (Below a picture that shows the difference between plants with and without beneficial *Trichoderma spp* fungi)

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The NFT Hydroponic Growing System

In the last 50 years, many hydroponic systems have been developed in order to make crop cultivation easier, cheaper, faster and denser. Amongst the systems that have been developed, one of the hydroponic systems which has caught the most attention and is used more frequently is the so called NFT (Nutrient Film Technique) system.

The system's operation principles are quite simple. A PVC (or other polymer) rain gutter is placed on an aluminum frame with a certain inclination, plants are placed in small

containers introduced inside the gutter and a nutrient solution is sprayed at the most elevated side of the gutter. The spraying forms a thin film on the gutter's bottom and flows towards the other end due to the slope.

The fact that the NFT system allows most of the plant's root system to remain outside the nutrient solution is the main reason for its success. Throughout a lot of research, it has been found that plants just need to be "barely" in contact with the nutrient solution. Plants seem to greatly benefit from their roots absorbing oxygen from open air and taking just the little amount of necessary nutrients they need by a small contact with nutrient solutions.

The NFT system is great for crop cultivation and is one of the most efficient systems for the growing of crops such as basil, lettuce, spinach and cabbage. However it does have some disadvantages such as gutter length limitations due to nutrient and temperature changes (usually gutters are never more than 15 feet long), of course they also have the strong disadvantage of much higher costs (due to the gutters being expensive) and lower planting densities (due to the spaces needed between gutters to allow personnel). Nonetheless, many companies growing NFT systems have been able to make "foldable" gutters which allow automatic recollection of lettuce, transplanting and sterilization.

In conclusion, one could say that the NFT system is one of the best hydroponic growing systems that have been developed due to the fact that it allows greater oxygen and nutrient absorption. In fact, the hydroponic nutrient film technique is one of the most used systems for lettuce cultivation.



Disinfecting your Hydroponic Solution with Hypochlorite

As I talked about in a previous post, the disinfection problem in hydroponics is very important as many pathogenic microorganisms as well as algae develop through the course of any hydroponic gardening attempt. Hydrogen peroxide, as I said earlier, is a very good disinfectant with incredible properties but most of the time it is not used because of its high cost.

Amongst one of the most common disinfectants available we find sodium hypochlorite. This chemical substance with formula NaClO is a good disinfectant because it oxidizes organic matter producing Cl_2 which then further oxidizes organic matter to produce $\text{Cl}(-)$. As you can see, the several steps available for oxidation as well as this compound's innate reactivity make it one of the best and cheapest disinfectants available today. This is the reason why sodium hypochlorite solutions have been used for a long time and now have commercial names, such as Clorox.

In hydroponics, sodium hypochlorite solutions are commonly used to sterilize a hydroponic system prior to use or in between different crops. However, this does not achieve the purpose of maintaining the nutrient solution sterile throughout the whole gardening cycle.

In order to achieve this in a very simple way (for the home hydroponic and commercial gardeners) several peer reviewed papers have studied the effect of hypochlorite ions on different plants and at different levels of concentration. In general, it has been found that concentrations of hypochlorite of 5.5 ppm offer good protection against microorganisms without affecting the crop qualities.

If you do not have any industrial grade hypochlorite you can still achieve this concentration by applying 0.1mL of Clorox (check that it is less than 6% hypochlorite, usually 5.25%) per liter of nutrient solution. This can be easily measured

and applied for small systems with the aid of a 1mL syringe as the ones diabetes patients use for insulin (these syringes can be easily purchased at any pharmacy). Remember to try this with a small batch of plants before applying it over your whole garden to ensure compatibility with your particular nutrient solution.



Preparing Hydroponics Nutrient Solutions, From Concentrations to Weights

In a previous post, I explained how concentrations are given in hydroponic gardening and what they actually mean. For example, I exemplified that 200 ppm of N equals a solution which contains 200 mg per liter of nitrogen although the form in which nitrogen is present is not described by the concentration data. In this post, I intend to explain how nutrient concentrations can be translated adequately to a mass weight of a certain salt that will be the actual source of the nutrient.

Let us start by supposing that you have a certain solution recipe given in concentration data, for example, the solution demands 200 ppm N and 700 ppm K (this is just an example as 700 ppm of K is too high for any hydroponic nutrient solution). This means that the solution requires 200 mg per liter of nitrogen and 700 mg per liter of potassium. Our mission now is to translate this concentration information into the actual amount of a given salt that needs to be weight and dissolved.

The first thing we need to do is find a suitable salt or salts that can give us the nutrients we want in the appropriate forms. In this case, we will use potassium nitrate (KNO_3) as a

source of both nitrogen and potassium. This salt gives the plant nitrogen as NO_3^- ions and potassium as K^+ ions.

Our next step is to figure out how much solution we want to prepare. In this case, let's suppose we want to prepare 100L (around 32 gal) of nutrient solution.

Following this, we must calculate how much K^+ and how much NO_3^- need to be added in order to achieve the concentrations we desire. Since K^+ contains a single K atom, we need 700 mg/L of K^+ in order to achieve 700 ppm of K, for the nitrate ion (NO_3^-), since it contains more atoms, we need to know how much of the nitrate ion is actually nitrogen. In order to do this we calculate what fraction of nitrogen resides in nitrate by relating their molar masses (you can google nitrate molar mass and nitrogen molar mass to get this values or calculate them using your periodic table) . The calculation would be $14/62$ which equals 0.22. This means that 22% of each nitrate ion is nitrogen. If 22% of each nitrate ion is nitrogen then we need $200\text{ppm} \times (100/22)$ of nitrate in order to get the concentration of nitrogen we want. The result is that we need 909 mg of nitrate per liter in order to achieve our required concentration of 200 ppm.

Since our salt is KNO_3 and not K or NO_3^- by themselves we need to decide which nutrient we want to fit in an exact manner. For this example I will take NO_3^- . Since we want to weight 909mg per liter of NO_3^- we see how much KNO_3 needs to be weight in order to achieve this amount for 100 liters. For this we use the relationship between the molar masses of nitrate and the salt, potassium nitrate. The equation is $62/101$, which equals 0.61, meaning 61% of potassium nitrate is nitrate. Since we want to know how much is 100% knowing that 61% is 909mg per liter we calculate $909\text{ppm} \times 100/61$, which equals 1490mg per liter which needs to be multiplied by 100 in order to find the amount needed for 100 liters of solution. The final result is that 149 g of potassium nitrate are needed in order to achieve a concentration of 200 ppm of N in 100

liters of solution.

Now what happened to the potassium ? Since we added potassium nitrate, we also added potassium with the salt. We now need to calculate the concentration of potassium which we get when we arrive at a concentration of 909 ppm for nitrate. Since we know nitrate is 61%, then potassium must be 39% of the concentration so $1490 \text{ ppm} \times 0.39$ equals 581 ppm.

As you can see, we matched our nitrogen requirement perfectly but offset our potassium requirement by an important amount. This problem is due to the fact that each salt gives two nutrients to a solution. Meaning that a good salt combination needs to be used in order for our errors to be reduced when preparing the hydroponic nutrient solutions. This problem can be solved by using the hydroponic nutrient solution calculator I described in an earlier post, however, it is important to know how the calculator works in order to understand its possible errors.

As you can see, preparing nutrient solutions and turning concentrations into weights can be a little bit daunting at first but with practice and the aid of calculator tools, the preparation of custom hydroponic solutions becomes very easy and paves the way towards major improvements for any commercial or hobbyist hydroponic gardener.

Describing Concentration in Hydroponics

Most amateur growers, both hobby and commercial, who do not have a chemical knowledge background are most of the time stunned by the amount of chemistry involved in hydroponic

cultivation. One of the things that proves to be the most difficult for this new comers is the understanding and description of nutrient concentrations.

Concentration, to start, is just a way of expressing the amount of something inside something else. In hydroponics, we are interested in expressing the amount of nutrients per amount of nutrient solution. To do this, we use several tools available in chemistry.

In general, concentrations in hydroponics are either expressed as moles of nutrient per liter of solution or as milligrams of nutrient per liter of solutions. The first unit is called molarity while the second unit is generally referred to as ppm (parts per million). This means that a solution containing 12 ppm of Nitrogen contains 12mg of nitrogen per liter of solution and a solution containing nitrogen in a 0.001M concentrations contains 0.001 moles of nitrogen per liter of solution. The first form of concentration (ppm) is often used in hydroponics while the second (M) is used in hydroponics only in research papers and such.

In practice, the use of concentrations in ppm makes preparation a little bit easier as the leap from concentration to mass becomes easier if the unit of measurement inside the unit belongs to mass. Since the ppm unit can be translated as (mg/L) going to the mass of salt required is easier than with molarity (although not by much).

Another advantage that we come across when using ppm as a main unit of concentration measurement in hydroponics is that the numbers are likable. We, humans, tend to like numbers between 0 and 1000, so concentrations of 120 ppm, 250 ppm and such, seem much easier to grasp than their equivalents in molarity which would be 0.0012 M, 0.00023 M or the like.

In an article to be written soon, I intend to describe how to do the leap from this concentration measurements onto the mass of salt that is needed to weight in order to achieve the

desired concentration inside a hydroponic solution. So stay tuned to know a little bit more about the science of hydroponic nutrient solution making !



Nitrogen Fertilization in Hydroponics

It is a common mistake in hydroponic gardening to assume that the chemical forms of nitrogen that can be used in hydroponics are the same that can be used in regular soil gardening. Don't get me wrong, plants in soil and plants in hydroponic media use the exact same chemical forms of nitrogen as nutrients, what changes dramatically from hydroponics to soil gardening is the environment in which the plant is.

Let us talk about the available forms of nitrogen first. Plants absorb nitrogen either as NO_3^- (nitrate) or NH_4^+ (ammonium) ions. Both of these ions supply nitrogen to the plant but they have dramatic differences inside the plant's metabolic pathways. Nitrate is absorbed by the plant slowly and provides the materials needed for the synthesis of amino acids and other structures while ammonia is absorbed rapidly and causes immediate plant toxicity if present in highly enough concentrations.

This is the main difference between soil and hydroponic gardening. In hydroponics, most of the nitrogen must be supplied as NO_3^- because the hydroponic media allows ammonium ions to become toxic exceedingly fast. For example, hydroponic plants can withstand concentrations of nitrogen (as nitrate) up to about 250 ppm while concentrations of nitrogen as ammonium are only withstood up until about 30 ppm. This is the reason why urea cannot be used as a nutrient salt in hydroponic gardening to supply all the nitrogen needed by the

plants.

So if plants in soil and hydroponic media assimilate the same nutrients, why can plants in soil be fed nitrogen as ammonium but hydroponic plants cannot ? The answer is quite simple. Bacteria present within the soil are able to efficiently convert ammonium ions into nitrate ions, effectively reducing the amount of ammonium the plant "sees". In fact, plants in soil also absorb nitrate, the only difference is that there are bacteria that can convert ammonium to nitrate, reason why nitrogen can be supplied as ammonium to plants present in soil.

So next time you are searching for a nitrogen nutrient for your hydroponic plants, remember to search for nitrate salts as more than 90% of your total nitrogen source. The most important salts for providing nitrogen as nitrate in hydroponic gardening are potassium nitrate and calcium nitrate. This is important to remember, as using ammonium salts to provide your plant's nitrogen will ultimately kill them in hydroponic media ! (below, an image showing the effects of ammonium fertilizer in hydroponic plants)



Rooting Cuttings Naturally

When gardening, it is sometimes most convenient not to start a plant from seed but to start it from a cutting from another plant. Most of the time, the science of starting cuttings involves the use of root growth hormones and other chemicals which can prove hard to get in some regions of the world and sometimes are not desirable because of their conflicts with some organic food regulations.

Luckily, there are ways to root and get cuttings up to a good

start without the use of any root hormones. In order for us to do this, we should first understand the problem and how to solve it.

When a part of a plant is cut, and this part has no root system, the ability of the cutting to get nutrients from its surroundings becomes minimal. The idea is to maintain the plant's food requirements as low as possible until it develops a healthy root system that can take up nutrients and grow a healthy new plant.

The first step is to place the cutting inside some growing media (remember to cover the cut wound with candle wax in order to prevent possible fungal infections) (either potting soil in soil gardening or perlite, rice husk/ sand in hydroponic gardening) and to place it somewhere where light is scarce. When diminishing the amount of light that reaches the cutting, we slow down photosynthetic processes and therefore the nutrient needs of the plant. The media should be watered daily so that the new root system can be developed.

In order to supply nutrients for the plant, a suitable foliar spray should be applied. A 1/10 strength Hoagland's solution can be used effectively or a suitable organic foliar spray can be used if the desire to achieve organic food certifications is present. Plants are able to feed through their leaves in some way so the application of nutrients on the leaves or "foliar feeding" is a good technique when starting cuttings whose root systems have not developed.

After 3 or 4 days of this process, the plant should be ready for its reintroduction into normal growing conditions. If you are a hydroponic gardener, start applying a one third strength hydroponic solution on the plant's growing media. In any case, the plant should be brought into light in increasing intervals, first day one hour, second day 2 hours, third day 4 hours, fourth day 8 hours and fifth day left outside.

This whole process should provide an adequate environment and growth for the new cutting's root system with the final gradual adaptation providing enough time for the leaves to readjust to normal lighting conditions. I hope this guide proves useful and all of you enjoy new cutting in your organic or hydroponic gardens.

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An Organic, Natural Insecticide for your Garden

Few people have been able to experience the joy of gardening without encountering the nasty problem of insects. Every year, many gardens suffer from the amazing attacks of these small creatures that turn beautiful plant spaces into infested focuses of insect populations.

Up until now, most chemical solutions have acted on insects quiet effectively. In fact, some insecticides are good at removing more than 99.99% of insect populations with a few applications. Chemical insecticides are most of the time harmful for humans but sometimes they can even be safe for us. The main problem with synthetic insecticides is that they affect beneficial insect populations much more dramatically than they do harmful insect populations. The main problem with this is that is effectively diminishes the amount of insects that can predate bad insects and pollinate plants.

Organic (in the sense of natural) insecticides are sometimes good but they are never as effective as available synthetic solutions. In the few studies done about this issue, (mainly dealing with cabbage) all of them have found synthetic solutions much better at controlling insect pests. However, garlic based insecticides have proven effective at controlling insects if not completely removing them from the garden (they

also prove almost non fatal to beneficial insect populations).

In order to control your insect populations easily, you can manufacture an insecticide with garlic, vegetable oil and water. Cut 3 cloves of garlic into small pieces and place them in a jar with 200 mL (about a cup) of vegetable oil for two nights (this ensures that the organic non polar molecules present inside garlic are extracted efficiently). Next, mix this with 2/3 of a gallon of water . Agitate strongly before each use. Then your insecticide is ready to be spread on your garden.

Hopefully, if spread adequately over every inch of the plant (including the underside of leaves), the insecticide should prove efficient against most types of bad insects. It also proves effective in being resistant to rain so your plants should remain protected for a prolonged amount of time. Bear in mind that soap or detergents should not be added to improve surface tension properties because this increases the capacity of rain to remove the insecticide effectively.



A Natural, Organic Fungicide you can easily make!

The nightmare that is fungal disease

Amongst all the problems faced by hydroponic and soil gardeners, fungi related problems remain one of the most challenging. Fungal diseases tend to start rapidly and quickly

wipe out entire sections of plants, leaving the grower wondering what happened or if anything could have been done to prevent it.

Sadly, most commercially available fungicides are very toxic to humans and beneficial insects, a reason why their application is detrimental to both the health of the gardener and the environment. For this reason, many people have started to develop natural and more environmentally friendly solutions for fungi-related disease prevention.



The type of fungal disease that ruins any growers day

The issue with most organic fungicide recipes you find online

However, most gardening websites are written by people with limited knowledge about both fungicidal chemistry and biology, they therefore offer simple solutions that may fail to work. These remedies also carry some problems of their own, for example, the use of milk containing solutions over plants is proved to encourage the growth of molds and sometimes even stimulate the gathering of ant or similar insect populations. Using alkaline solutions containing bicarbonate or carbonate ions may prove beneficial for prevention but it's effects are readily lost due to rain (which inevitably washes away bicarbonate ions).

In the light of this situation, I have decided to publish a recipe for a fungicide I have been using for sometime, based on [US patent No. 6767562](#). This mix was designed with both the chemistry and biology of fungal diseases in mind, taking into account that most fungi are sensitive to tannic acid and other chemicals naturally present within certain plant species.

How to make the fungicide

This organic, natural fungicide is quiet simple to make. To do so, follow these instructions:

1. Add two thirds of a cup of fresh sage leaves to half a gallon of water
2. Boil the water down to one third of a gallon
3. Add two thirds of a gallon of red wine (the patent says "fermented grape solution" to make it a little bit harder to guess)
4. Let it cool down and bottle it in an airtight container

The solution has been proven to prevent and even cure fungus-related diseases in a variety of crops (as stated in the patent). Note, this information is educational and freely available within the patent. *If you want to commercialize this, you do need to negotiate usage with the patent holder.* I hope you use and enjoy this excellent organic and natural fungicide that will keep your garden free of those nasty, crop ruining fungus pests !