

Five common mistakes people make when formulating hydroponic nutrients

It is not very difficult to create a basic DIY hydroponic formulation; the raw salts are available at a very low cost, and the target concentrations for the different nutrients can be found online. My nutrient calculator – HydroBuddy – contains large amounts of pre-made formulations in its database that you can use as a base for your first custom hydroponic endeavors. However, there are some common mistakes that are made when formulating hydroponic nutrients that can seriously hurt your chances of success when creating a hydroponic recipe of your own. In this post I will be going through the 5 mistakes I see most often and tell you why these can seriously hurt your chances of success.

Failing to account for the water that will be used. A very common mistake when formulating nutrients is to ignore the composition of the water that you will be using and how your hydroponic formulation needs to account for that. If your water contains a lot of calcium or magnesium then you will need to adjust your formulation to use less of these nutrients. It is also important not to trust an analysis report from your water company but to do a water analysis yourself, since water analysis reports from your water company might not be up to date or might not cover the exact water source your water is coming from. It is also important to do several analyses per year in order to account for variations in the water composition due to temperature (which can be big). Other substances, such as carbonates and silicates also need to be taken into account in your formulation as these will affect the pH and chemical behavior of your hydroponic solution.



Failing to account for substances needed to adjust the pH of the hydroponic solution. When a hydroponic solution is prepared, the pH of the solution will often need to be adjusted to a pH that is within an acceptable range in hydroponics (often 5.8-6.2). This is commonly achieved by adding acid since when tap/well water is used, a substantial amount of carbonates and/or silicates will need to be neutralized. Depending on the salt choices made for the recipe, adjustments could still be needed even if R0 water is used. Since these adjustments most commonly use phosphoric acid, not accounting for them can often cause solutions to become very P rich with time, causing problems with the absorption of other nutrients, especially Zn and Cu. A nutrient formulation should account for the pH corrections that will be required and properly adjust the concentration of nutrients so that they will reach the proper targets considering these additions.

Iron is chelated but manganese is not. It is quite common in hydroponics for people to formulate nutrients where Fe is chelated with EDTA and/or DTPA but manganese sources are not chelated at all, often added from sulfates. Since manganese has a high affinity for these chelating agents as well, it

will take some of these chelating agents from the Fe and then cause Fe phosphates to precipitate in concentrated solutions. To avoid this problem, many nutrient solutions in A/B configurations that do not chelate their Mn will have the Fe in the A solution and then the other micronutrients in the B solution. This can be problematic as it implies the Fe/other micro ratios will change if different stages with different A/B proportions are used through the crop cycle. In order to avoid this issue, always make sure all the micronutrients are chelated.

Not properly considering the ammonium/nitrate ratio. Nitrogen coming from nitrate and nitrogen coming from ammonium are completely different chemically and absorbed very differently by plants. While plants can live with solutions with concentrations of nitrogen coming from nitrate as high as 200-250ppm, they will face substantial toxicity issues with solutions that contain ammonium at only a fraction of this concentration. It is therefore quite important to ensure that you're adding the proper sources of nitrogen and that the ratio of ammonium to nitrate is in the ideal range for the plants that you're growing. When in doubt, plants can survive quite well with only nitrogen from nitrate, so you can completely eliminate any additional sources of ammonium. Note that urea, provides nitrogen that is converted to nitrogen from ammonium, so avoid using urea as a fertilizer in hydroponic.

Not considering the media composition and contributions. When growing in hydroponic systems, the media can play a significant role in providing nutrients to the hydroponic crop and different media types will provide nutrients very differently. A saturated media extract (SME) analysis will give you an idea of what the media can contribute and you can therefore adjust your nutrient solution to account for some of the things that the media will be putting into the solution. There are sadly no broad rules of thumb for this as the

contributions from the media will depend on how the media was pretreated and how/if it was amended. It will often be the case that untreated coco will require formulations with significantly lower K, while buffered/treated coco might not require this. Some peat moss providers also heavily amend their media with dolomite/limestone, which substantially changes Ca/Mg requirements, as the root system

The effect of Seaweed/Kelp extracts in plants

Few bio-stimulants are more popularly used than seaweed/kelp extracts. These are used by many growers to increase plant quality and yields, in particular, extracts from the *Ascophyllum nodosum* species are an all-time favorite of the industry. These extract have also been studied extensively for the past 40 years, with large amounts of evidence gathered about their effects and properties across several different plant species. In this article, I will be talking about what the research says about their use, why these extracts work, how these have usually been applied and what you should be looking for when using this type of bio-stimulant.

Composition of the seaweeds extracts Maxicrop and Algifert (content in mg kg⁻¹). The content of dry matter in the liquid extract of Maxicrop is 8.0-8.2%.
Source: Alternatieve Landbouwmethoden (1977).

| Element | Maxicrop | Algifert |
|---------|----------|----------|
| N | 7 200 | 8 700 |
| P | 9 000 | 1 400 |
| K | 26 000 | 19 000 |
| Mg | 3 500 | 10 600 |
| Fe | 2 200 | 60 |
| Al | 60 | 20 |
| Ca | 3 500 | 11 900 |
| S | 23 000 | 49 600 |
| Cl | 67 000 | 55 400 |
| Si | 1 000 | 1 000 |
| Na | 70 000 | 19 400 |
| I | 900 | 200 |
| Br | 800 | 0.6 |
| Cu | 40 | 0.5 |
| Co | 4 | 2 |
| Ni | 24 | 5 |
| Zn | 100 | 33 |
| Mo | 10 | 0.6 |
| Mn | 40 | 24 |
| B | 1 | 50 |

Composition of some seaweed extracts in 1991 (taken from (1) linked below)

The use of kelp extracts is so common, that there was already enough research done about their use to publish a review on the subject in 1991 ([1](#)), a lot of the information below comes from this source. Seaweed has been used by farmers for hundreds of years, as it could be used as an alternative to lime in order to alkalinize acidic peatmoss soils, due to the high basicity of seaweed extracts (as some are very high in calcium carbonate content). Seaweed extracts also contain a lot of micro and macro nutrients – as shown above – in proportions that are useful for their use as fertilizer. They

are a significant source of potassium and calcium, although the variability of the composition – as shown in the table above – can be quite important. They also contain micronutrients but their low presence relative to plant needs implies that the positive effects of the extracts are most likely not due to them.

Perhaps one of the most important factors surrounding seaweeds is their content of bioactive molecules. These extracts contain an important array of cytokinins, which are plant hormones that will significantly affect plant growth. Auxins, gibberillin-like substances and ethylene precursors like aminocyclopropanecarboxylic acid, have also been detected in seaweed extracts. The cytokinins are usually present in concentrations of around 2-20 ppm in the concentrated extracts, which are enough to cause effects, even if the final diluted versions will be at much lower concentrations. The application of seaweed extracts is usually done through an entire crop cycle and is usually cumulative in nature.

Application rate, frequency, seaweed species and extract processing methods can substantially affect results, with many contradictory results showing up in the literature, with some people showing increases in growth and yields while others show no effects at all. The review quoted above describes many examples of positive results, including examples showing weight gains, yield gains and increases in certain nutrients, like P and N. The review also talks about the ability of seaweed extracts to increase resistance to pests and improve crop quality. A more recent review from 2014 ([2](#)) further expands on a lot of these positive effects, citing extensive literature showing increases in yields, dry weights and quality for a wide variety of plant species. *In total, more than 30 different papers showing increases in yields due to the use of kelp extracts are cited in this review.* There are also more than 20 articles cited describing increases in disease resistance or other mechanisms of defense elicitation

due to the use of the seaweed extracts.

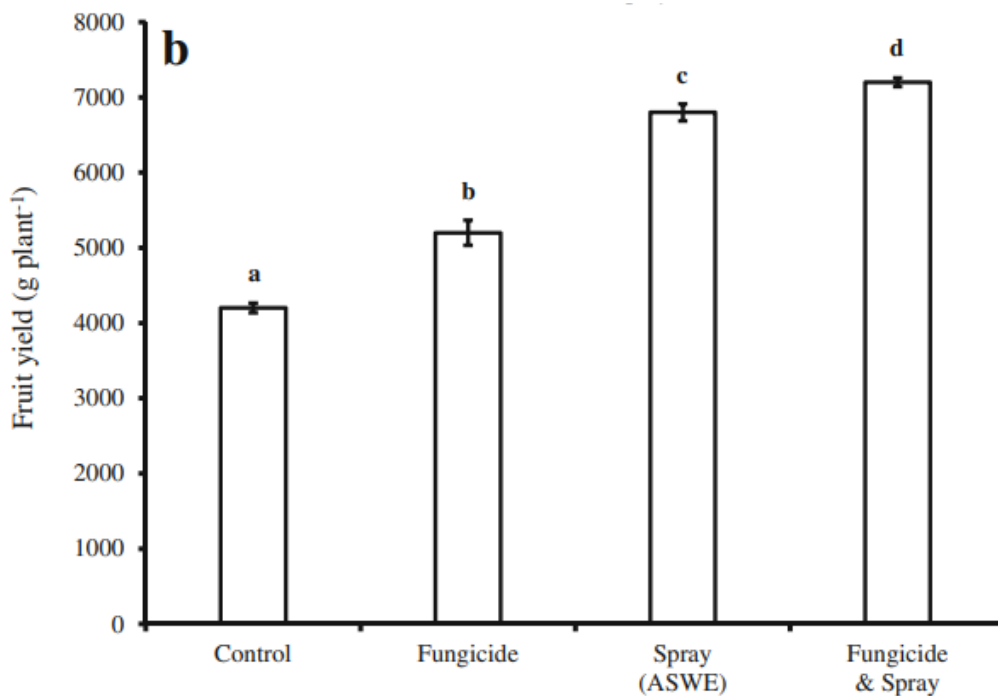


Fig. 2 Fruit yield of field-grown tomato plants from **a** field experiment 1, 90 days after transplantation with eight treatments including seaweed extract made from *A. nodosum* (ASWE) at a concentration of 0.2 % and **b** field experiment 2, 120 days after transplantation with four treatments, including ASWE at a concentration of 0.5 %. Yields are g plant⁻¹ of fresh weight accumulated over several harvests. Data are means±SE ($n=30$ plants); *different letters* according to Fisher's Least Significant Difference (LSD) test ($P=0.05$); LSD is 372.3 and 306.1 for **a** and **b**, respectively

Results of a seaweed extract application in tomatoes (taken from (3))

Foliar applications of seaweed can be carried out at varied levels of frequency and concentration. Applications at a 0.2-0.5% w/v of dry extracts are most common, although higher or lower concentrations have also been found to be effective. As a root drench applications will tend to be on the lower side, as the seaweed contains a substantial amount of NaCl, which can be damaging to plants. Timing of applications can also be quite critical, some growers apply the extract equally spaced through the entire growing periods, while others attempt to time the application with a specific growth phase. Success is reported in both cases, although papers that describe different timing of single applications often find

significant differences. To arrive at the optimal usage for a plant species it will be necessary to carry out tests with single applications at different intervals, although single weekly applications are likely to be successful if a less involved approach is desired.

Although the use of seaweed extracts can be very positive, it is also worth mentioning that it is very dependent on the quality and consistency of the extract being produced. Since we know that most of the positive effects of these seaweeds are related to their plant hormone content, their use can sometimes be replaced with specific applications of plant hormones, if the effects are properly understood. The discussion in (2) cited before points to the fact that kinetin applications have been able to match the effects of kelp extracts, at a fraction of the cost and the environmental impact at least in a few cases.



Fig 1: Effects of 1 g L⁻¹, *Ascophyllum nodosum* extract (ANE) and its organic sub-fractions on root nodulation growth and development of alfalfa plants 6 weeks after the treatment: (a) control, (b) *Ascophyllum nodosum* extract (ANE) (c) methanol extract, (d) chloroform, and (e) ethyl acetate. (Khan *et al.* 2013).

Photographs showing the effect of kelp extract on root nodulation in alfalfa. Taken from this review ([4](#))

With all the above said, it is quite evident that kelp/seaweed extracts have been widely confirmed to have positive effects in the growing of plants, beyond any reasonable doubt. This effect is mostly related with the hormones they contain and is therefore dependent on the seaweed species, where it is grown and how the seaweed powder is generated. Although root and foliar applications of kelp can both be used to improve results, the use of foliar applications is often favored in order to avoid the introduction of some undesired ions into the growing media. **If you're not using kelp, go ahead, it's bound to help!**

The cost of reproducing the label of a commercial hydroponic fertilizer with raw salts at a small scale

Creating your own hydroponic nutrients can dramatically change the amount of money you spend in fertilizers per crop cycle. Commercial pre-blended hydroponics nutrients carry significantly high margins, so making your own nutrients can often save you a lot of money down the line. Raw fertilizer salts are not expensive at all – millions of tons of some of them are produced per year – so it is quite possible to save big amounts of money by just preparing the basic fertilizers yourself. But how much money can you save? In this blog post we will be looking at the price points of some commonly used hydroponic nutrients, I am also going to share with you the cost of reproducing the fertilizer composition specified in their label. ***Note that this is not necessarily going to reproduce the actual fertilizer, since the label information is very often not accurate*** (read this post to learn more [about this](#)), but it can give an idea about the order of magnitude of the cost difference.



Let's use the General Hydroponics Flora series, which is one of the most popular hydroponic brands use by small growers, as an example. The Flora Series has a cost of 79 USD per one pack of three (total three solution, each one gallon) (I got this price from Amazon US). This includes one gallon of FloraMicro, one gallon of FloraGro and one gallon of FloraBloom. The summary of the label information for the three fertilizers can be seen in the table below. How much would it cost to recreate a fertilizer that would reproduce this exact label information? (meaning it could be sold with the same composition values).

To make the costs comparable I have used the costs of salts that are directly available for purchase at Amazon US, not including the cost of shipping (I also did not include it for the General Hydroponics products). These costs are therefore for relatively small amounts of the raw fertilizers, which could be realistically purchased and used by anyone, the costs are expected to be lower if salts are bought in bulk (more about this at the end of the post). Also note that the cost per gallon only includes the amount of grams per salt used to

prepare each gallon of concentrated solution but does not consider if the minimum purchasable amount is significantly higher than that. The compositions I arrived to are identical to the GH label compositions within +/- 0.1%. *I have made reasonable assumptions to make my salt choices, but beware that the reported label concentrations are often purposefully misleading to make any attempts at reverse engineering from them use more expensive inputs.*

| Element | FloraBloom | FloraMicro | FloraGro |
|-------------|------------|------------|----------|
| N (Nitrate) | – | 4.7 | 1.75 |
| N(Ammonium) | – | 0.3 | 0.25 |
| P (P2O5) | 5 | – | 1 |
| K (K2O) | 4 | 1 | 6 |
| Mg | 1.5 | – | 0.5 |
| Ca | – | 5 | – |
| S | 1 | – | – |
| Fe | – | 0.1 | – |
| B | – | 0.01 | – |
| Zn | – | 0.015 | – |
| Mn | – | 0.05 | – |
| Mo | – | 0.0008 | – |
| Cu | – | 0.01 | – |

Composition values (in %) from the labels of the FloraBloom, FloraMicro and FloraGro fertilizers from the GH Flora series
 For the FloraBloom bottle – the least complicated of the three – I have used 4 different salts to reproduce the formulation, which gives me a final cost per gallon of 22.1 USD. For the FloraMicro I had to use 9 different products, with a total cost of 24.7 USD per gallon of solution. Finally, for the FloraGro I ended up using 6 different salts, with a total cost of 24.7 USD per gallon of solution. Adding all of these up, the total cost to prepare three gallons of fertilizer with the

same composition as mentioned in the General Hydroponics labels would be 71.5 USD, which is surprisingly not that big of a saving from the retail cost of 79 USD for the three gallons. *At a retail scale, the savings are not very evident, given that we're purchasing more expensive, small packages of raw salts.*

The most expensive fertilizer salt I used had a cost of 12.8 USD/gallon in the FloraBloom, at a retail cost of 0.04 USD per gram of salt. However, if you bought this salt in a larger amount (5 pounds instead of the 1 pound bag in amazon), the cost would drop to 0.01 USD/gram of it, it can drop even more if you buy it at a larger scale (>25 pounds). As the scale grows, so does the drop in the cost of these salts, if you are willing to spend moderately large amounts of money – say 1000-2000 USD in raw salts – the cost of exactly reproducing something like the GH Flora series label composition could go below 10 USD for the three gallons. ***This shows you that scale is very important when making concentrated fertilizer solutions since the price per gram of fertilizers drops dramatically as we go to larger volumes.***

With that said, the biggest savings can be achieved, *NOT by copying a commercial nutrient solution's label*, but by instead designing a fertilizer formulation that best feeds your needs and that uses the inputs that make the best sense for your growing situation and budget. This is why I encourage you to think about creating your own formulations by thinking about your needs, rather than attempting to copy something like the GH series, which might be less cost effective and more complicated for a small grower.

Five things to consider when trying to copy commercial hydroponic nutrients

There are hundreds of different formulated hydroponic fertilizers out there and most of them are very expensive. Due to these very high costs, growers will often want to copy a set of hydroponic products they are very familiar with or a set of products that other growers – ideally growing under similar conditions – have had success with. However, the process of copying a commercial hydroponic nutrient with raw inputs is not as straightforward as many would like it to be and the procedure to do this accurately can be complicated due to both the nuances of the fertilizer industry and potential measures manufacturers might take to make reverse engineering of their products significantly harder. In this post I want to talk about five things you should consider before attempting to copy a hydroponic nutrient formulation, so that you can be very aware of the potential issues and problems you might find along the way.

The labels are often not accurate (enough). A fertilizer's label contains the minimum guaranteed analysis of the fertilizer. Depending on the legislation, this usually means that the fertilizer must contain, at a minimum, this amount of every one of the specified nutrients, but there is no problem if the fertilizer contains *more* than what the label discloses. If a company is selling a fertilizer that has an NPK of 12-12-12 they can actually register that fertilizer as a 10-10-10 fertilizer and sell it as if it was a 10-10-10. The fertilizer will in reality be a 12-12-12, but the manufacturer can be sure that it will always be above the 10-10-10 specification. This is often not done out of malice, but out of the fact that the fabrication process itself might create a significant amount of variance within the composition of the

actual fertilizer being produced and the manufacturer always wants to be above the minimum. This means that if you want to get the true mineral composition of the product, you'll need to send the actual fertilizer you want to copy to the lab. *Never rely on the label when copying a fertilizer.*

0 - 5 - 4
GUARANTEED ANALYSIS

Available Phosphate (P₂O₅).....5.0%
Soluble Potash (K₂O).....4.0%
Magnesium (Mg).....1.5%
1.5% Water Soluble Magnesium (Mg)
Sulfur (S).....1.0%
1.0% Combined Sulfur (S)

Derived from: Magnesium Carbonate, Magnesium Phosphate, Magnesium Sulfate, Phosphoric Acid, Potassium Carbonate, Monopotassium Phosphate, and Potassium Sulfate.

Information regarding the contents and levels of metals in this product is available on the internet at <http://www.aapfco.org/metals.htm> F-1109

This product is concentrated to the limit of solubility. Protect from freezing and direct sunlight. If crystallization occurs, mix entire contents with an equal amount of hot water and double the amount used.

Basic Applications Table

| | FloraGro | | FloraMicro | | FloraBloom | |
|--------------------------------------|------------|---------------|------------|---------------|------------|---------------|
| | tsp/gallon | ml/100 liters | tsp/gallon | ml/100 liters | tsp/gallon | ml/100 liters |
| Cuttings and Seedlings..... | 1/4 | 33 | 1/4 | 33 | 1/4 | 33 |
| General Purpose - Mild Vegetative... | 1 | 132 | 1 | 132 | 1 | 132 |
| Aggressive Vegetative Growth..... | 3 | 396 | 2 | 264 | 1 | 132 |
| Transition to Bloom..... | 2 | 264 | 2 | 264 | 2 | 264 |
| Blooming and Ripening..... | 1 | 132 | 2 | 264 | 3 | 396 |

These values are intended to be used without supplements. When using supplements, please refer to genhydro.com for complete Feed Programs.

Label of a very popular hydroponic fertilizer. Trying to copy this fertilizer directly using this composition and “derived from” information, would lead to substantially higher costs, manufacturing problems and errors. This is common to a very large array of commercial hydroponic products.

Not everything that can be claimed is claimed. When a manufacturer decides to create a fertilizer product, it might decide to leave out a specific nutrient within the formulation that is there, but that they do not want to claim to prevent reverse engineering. This is often not illegal – you’re getting more than what you paid for from the point of view of the regulators – but it does mean that you’re going to be completely missing something if you just copy what the label says. This is a very common trick that is done with micronutrients, where a manufacturer will claim, for example, that the fertilizer has Fe and Mn, but will make no claims

about Zn, B, Cu or Mo. A person copying the label would be missing these nutrients, so their plants would end up dying from deficiencies.

The “derived from” is usually not what it’s derived from. Usually a hydroponic product will contain a list of the inputs that were “in theory” used for its fabrication. This will be a list of commonly available raw fertilizers, but more often than not, fertilizer manufacturers might include a product from which the composition might be derived, that is significantly more expensive than the raw inputs that the fertilizer is actually derived from or add unnecessary inputs to the list. A simple example would be a fertilizer that is made with potassium sulfate, magnesium sulfate, and monopotassium phosphate. The manufacturer might choose to say it’s derived from potassium sulfate, monomagnesium phosphate, potassium carbonate and magnesium sulfate. You can probably derive the same final composition from both salt mixes, but the monomagnesium phosphate is a very expensive input compared to the monopotassium phosphate and the potassium carbonate is unnecessary in this product and will generate pH issues. This is a very common trick, designed to make reverse engineering attempts more expensive and to difficult manufacturing for people who try to copy using this information.

Inputs with non-fertilizer components. A fertilizer can often have nutrient ratios that appear to be impossible to get to given the “derived from” section they have given. This often happens when there are inputs within the fertilizer that contain non-fertilizer components that are not reflected within the label, or even within an analysis of the nutrient solution. For example a manufacturer might decide to create a calcium supplement containing calcium nitrate and magnesium nitrate and then the label might say it has way more Ca than what is possible from just the calcium nitrate. This means there is another source of Ca present but, what is it? In this case, the manufacturer might be using something like calcium

chloride, which they completely neglect to mention within the label. However you should not make assumptions about what these things are, but actually perform an analysis to try to confirm your suspicions. Often assuming the “missing part” is something like calcium chloride can lead to you formulating something that is actually toxic to plants.

Additives that are not part of the mineral makeup. Many fertilizer formulations will also contain additives that do not have any mineral content and that therefore are completely avoided within the label. This is very problematic, since the effect of some hydroponic formulations might be largely related with some of this non-mineral content. The reason why a formulation might work significantly better than another of very similar nutrient composition might be the use of some additional substances within the formulation, such as undisclosed plant growth regulators, gibberellin inhibitors or other substances with very strong effects on plants. Even things as simple as non-ionic surfactants – which can significantly increase the wetting in media like rockwool – can make a big difference between two fertilizers with the same mineral composition. Knowing that these substances are there and copying them can be quite complicated and requires a lot of relatively expensive analysis to figure out.

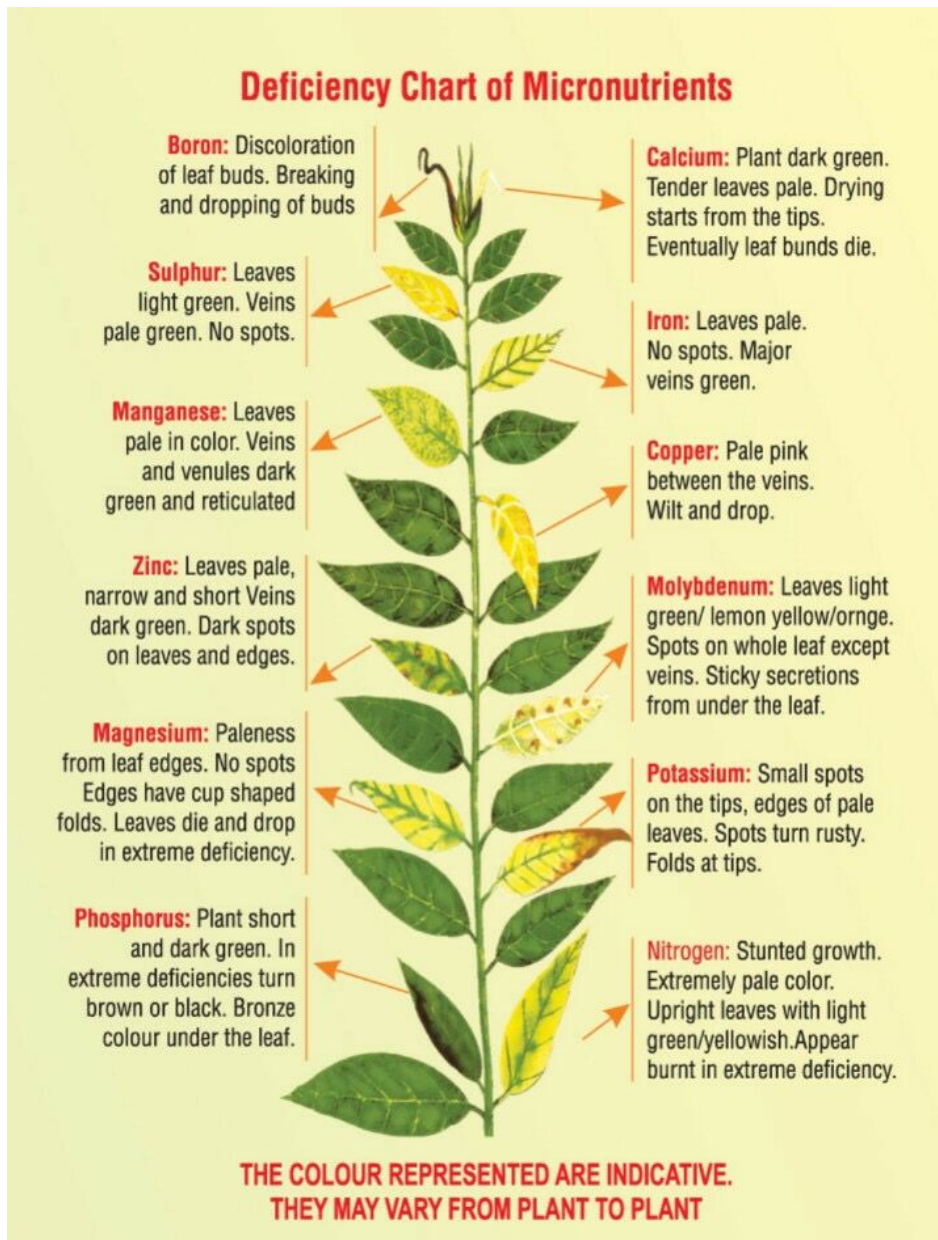
As you can see, copying hydroponic nutrients is not just a matter of reproducing something that mimics what the label specifies (that would be very easy). It generally requires chemical analysis of the actual fertilizer to determine its mineral composition, judicious evaluation of the available raw inputs to evaluate which ones might be appropriate to reach the required composition and special consideration about the possibility of other additives that might be present within the product and the analysis to find out what these additives might be.

Getting all the data to evaluate a problem in a hydroponic crop

Problems are an inevitable part of being a hydroponics grower. Even experienced growers will sometimes face issues when moving between environments or plant species as things change and new challenges arise. A big part of being a good grower is to be able to think about these obstacles, find out their causes and successfully respond to them. In this post I want to share with you some information about the data you should gather in order to properly diagnose a problem in your hydroponic crop. This is important as not having enough data often makes it impossible to figure out what's going on, while simple measurements can often give a very clear view of what's happening with the plants.

Take detailed, well documented pictures. What you see is a very important portion of what describes a plant's status and issues. The first thing you should do is document what you're seeing – take pictures of the plants showing the problem – and write down the symptoms you are observing. This documentation process should be organized, give each plant an ID, take pictures under natural light or white light of the new leaves, old leaves and root zones (if possible). Take pictures across different days showing the evolution of symptoms. Have all this information so that you can then better interpret what is going on. Also remember that symptoms do not necessarily mean deficiencies and deficiency symptoms does not necessarily mean more of a nutrient needs to be added to a nutrient solution (for example a P deficiency can show under low nutrient solution temperature even if P in the solution is actually

very high).



Taking detailed pictures can help assess whether a nutrient deficiency is present by gauging the changes in a plant as a function of time. However these should be confirmed with leaf tissue analysis as some of these symptoms can have causes not related with a nutrient deficiency.

Record all environmental data. When a problem happens, it is often related to the environment the plants are in. Having recorded data about the environment is a very important part of evaluating the issue and figuring out what went wrong here. Getting a good view about the environment usually involves having measurements for room temperature, temperature at canopy, relative humidity, carbon dioxide concentration,

nutrient solution temperature, PPFD at canopy, and root zone temperature. All of this data should be recorded several times per day as they are bound to change substantially between the light and dark periods.

Get nutrient solution analysis. Diagnosing a problem is all about having a complete view of what's going on with the plants. The nutrient solution chemistry can often be a problem, even without the grower knowing a problem is brewing there. Sometimes nutrient solution manufacturers might have batches with larger errors than usual, or the input water might have been contaminated with something. There is also the potential of human error in the preparation of the solutions, which means that getting an actual check of the chemistry of the solution can be invaluable in determining what's going on.

Get leaf tissue analysis. Even if the nutrient solution analysis does not reveal any problems, there are often issues with plants that are related with interactions between the environment and the solution that can go unnoticed in a chemical analysis of the solution itself. Doing a leaf tissue analysis will show whether there are any important nutrient uptake issues within the plant, which will provide a lot of information about where the problem actually is.

Critical nutrient foliar concentration for Blueberry (source: Penn State University)

| Element | Deficient | Below Normal | Normal | Above Normal | Excessive |
|----------|-----------|--------------|--------|--------------|-----------|
| N (%) | 1.65 | 1.7 | 1.9 | 2.1 | >2.1 |
| P (%) | 0.05 | 0.06 | 0.1 | 0.18 | >0.18 |
| K (%) | 0.35 | 0.4 | 0.55 | 0.65 | >0.65 |
| Ca (%) | 0.35 | 0.4 | 0.6 | 0.8 | >0.80 |
| Mg (%) | 0.18 | 0.2 | 0.25 | 0.3 | >0.30 |
| Mn (ppm) | 45 | 50 | 250 | 500 | >500 |
| Fe (ppm) | 65 | 70 | 200 | 300 | >300 |
| Cu (ppm) | 4 | 5 | 11 | 15 | >15 |
| B (ppm) | 29 | 30 | 40 | 50 | >50 |
| Zn (ppm) | 14 | 15 | 25 | 30 | >30 |

Critical nutrient foliar concentration for Brambles (source: Cornell University)

| Element | Deficient | Below Normal | Normal | Above Normal | Excessive |
|----------|-----------|--------------|--------|--------------|-----------|
| N (%) | 1.80 | 2.00 | 2.50 | 3.00 | >3.00 |
| P (%) | 0.23 | 0.25 | 0.35 | 0.40 | >0.40 |
| K (%) | 1.45 | 1.50 | 2.00 | 2.50 | >2.50 |
| Ca (%) | 0.57 | 0.60 | 1.70 | 2.50 | >2.50 |
| Mg (%) | 0.27 | 0.30 | 0.70 | 0.90 | >0.90 |
| Mn (ppm) | 45 | 50 | 150 | 200 | >200 |
| Fe (ppm) | 48 | 50 | 150 | 200 | >200 |
| Cu (ppm) | 6 | 7 | 30 | 50 | >50 |
| B (ppm) | 28 | 30 | 40 | 50 | >50 |
| Zn (ppm) | 18 | 20 | 35 | 50 | >50 |

Critical nutrient foliar concentration for Strawberries (source: Cornell University)

| Element | Deficient | Below Normal | Normal | Above Normal | Excessive |
|----------|-----------|--------------|--------|--------------|-----------|
| N (%) | 1.50 | 1.80 | 2.00 | 2.80 | >2.80 |
| P (%) | 0.20 | 0.25 | 0.35 | 0.40 | >0.40 |
| K (%) | 1.20 | 1.50 | 2.00 | 2.50 | >2.50 |
| Ca (%) | 0.60 | 0.70 | 1.50 | 1.70 | >1.70 |
| Mg (%) | 0.25 | 0.30 | 0.45 | 0.50 | >0.50 |
| Mn (ppm) | 40 | 50 | 150 | 250 | >250 |
| Fe (ppm) | 50 | 60 | 150 | 250 | >250 |
| Cu (ppm) | 5 | 7 | 10 | 20 | >20 |
| B (ppm) | 20 | 30 | 60 | 70 | >70 |
| Zn (ppm) | 15 | 20 | 35 | 50 | >50 |

Expected nutrient ranges for leaf composition of different species. Leaf tissue can often help tell whether there are some important abnormalities in progress and may help the grower assess which causes to look at.

Take well documented pictures of tissue samples using a microscope. A microscope can be important in determining what's going on with plants, because it can show developments in roots/tissue that cannot be seen with the naked eye. Microscopes can often reveal very small insects or fungal structures that would have otherwise gone unnoticed. For this reason, a microscope and the taking of microscopy images can

be of high value when dealing with a problem in a hydroponic crop.

With all the data mentioned above, most hydroponic crop problems will be much easier to diagnose. Some of the biggest failures in dealing with problems in hydroponic crops come from not gathering enough data and just guessing what the problem might be given how the plants look. Sadly plants can show similar responses to a wide variety of problems and – in the end – nothing replaces having the data to actually diagnose what's going on in order to deal with the issue appropriately. Lacking an evidence-based picture is often the biggest difference between success in diagnosing/fixing an issue and failure or even worse problems caused by taking actions that have nothing to do with the real problem at hand.

Three ways to judge the quality of powdered hydroponic nutrient products

Commercial hydroponic nutrients are often available as liquid concentrates. These offer a very reproducible experience for the user, with very high homogeneity and easiness of application. However, one big drawback of liquid concentrates is the fact that they contain a significantly large amount of water, meaning that shipping them is often very expensive. The solution to this is to create solid state fertilizers, where a mix of raw salts is shipped, and a concentrated stock solution or final hydroponic nutrient solution is prepared by the user. However, solid preparations have some important issues that liquid concentrates do not have that can significantly affect

the quality of the nutrition received by the plants and the reproducibility of their results. In this blog post, we will talk about what makes a good premixed solid fertilizer and the ways in which you can judge the quality of one.



This is a poor quality commercial hydroponic nutrient mix. As you can see there are different coarse salts that have been barely mixed (some look like rice grains, others like sugar crystals). There is no proper fine grade mixing of the salts, therefore the standard deviation of the composition of different random samples will be large.

Homogeneity of the product. Having a very finely mixed fertilizer is extremely important because hydroponic fertilizers can contain nutrients with differences in composition of even more than 3 orders of magnitude. A fertilizer might contain 10% of its mass as nitrogen but only 0.01% of its mass as iron. For that fertilizer to work effectively, any random sample draw from it must contain as close as possible to the composition on the label. However, if the fertilizer is not well mixed a random draw might deviate very strongly from the intended composition. This means that one day you might be preparing a batch of solution using a 20%N 0.001%Fe fertilizer and the next day you might be preparing one that is 10% N and 0.5% Fe.

A good quality solid fertilizer product should have a homogeneous look to it. You should be unable to determine the

constituent salts from one another in the fertilizer mix. If you notice different types of solids within the product – such as pellets mixed with crystals – or any other sign that the preparation is not homogeneous then this means that the fertilizer is just a very simple mix of the raw salts, meaning that the components may separate relatively easily as a function of time through differences in their properties (such as density). Sometimes a fertilizer might be finely ground, well mixed and then pelleted – which is acceptable – but if this is the case the fertilizers should contain only pellets and all of them should have the same look to them.

If you want to really tell if the fertilizer is of good quality you can take random samples from different parts of the fertilizer – punch different holes in a sealed bag and sample from different sections of it – and send them for lab analysis. The standard deviation of the composition of the different samples will tell you how good the fertilizer is. Good solid fertilizers will have a standard deviation below 5% in analyzed samples.

Stability of the product. A good solid fertilizer product will be stable through time, since it will be formulated with salts that are as close as possible to the lowest thermodynamic state of the mixture of ions being made. Inexperienced people who venture into the fabrication of solid fertilizers will often mix salts that are used in liquid concentrates that can react when put together in solid form. These reactions often happen with a release of water that can change the weight of the fertilizer as it evaporates from the product or can cause very significant caking problems in the mixture as a function of time. In the worst cases, some substances that are hard to put back into solution might form, making the final use of the fertilizer difficult.

You can tell if a fertilizer is reacting if there are changes in the mass of the fertilizer as a function of time or if the appearance or physical properties of the fertilizer change.

Are the colors changing? Is the texture changing? All of these things can point to on-going reactions in the fertilizer mixture that can be indicative of problems with the formulation. A good formulation should change as little as possible through time.



Caking of a fertilizer product due to a reaction with atmospheric water

Easiness of dissolution. Premixed solid fertilizers for hydroponics need to be prepared to be as easy as possible to dissolve in their final application. This can be problematic depending on the inputs used, but adequate additives need to be put in to ensure that the products will not have a very hard time getting back into solution. This involves adding adequate wetting agents as well as ensuring that chemical reactions that alter solubility do not happen within the final product.

When dissolving raw fertilizers most of the product should go into solution, however – depending on the purity and source of the chemicals used – some insoluble portions might remain. A manufacturer might make the choice of using inputs that are directly mined instead of chemically purified – using for example OMRI grade magnesium sulfate – this will create a product that has more insoluble materials compared to a product that uses more thoroughly refined magnesium sulfate. Whether this is acceptable or not will depend on the type of

application required and what the priorities of the grower are, for example MRI compliance might be more important than having better solubility.

As you can see, although solid premixed fertilizers can provide significant savings in terms of shipping over liquid concentrated fertilizers, they can do so at the cost of reproducibility and quality problems. To avoid these problems I recommend you ensure the fertilizer you choose to use has been properly blended to produce low deviations in sampling, has been formulated with thermodynamic stability in mind and has been formulated considering proper solubility in the final application.

Can you use regular soil fertilizers in hydroponics?

If you have just started your journey into hydroponics you're probably wondering why you need to spend your money in hydroponic specific nutrients when there are so many cheaply available soil fertilizers sold out there. Certainly there are all plant food and there must be some way you can use all these cheap soil fertilizers to create a suitable replacement to feed your hydroponic crop. In this post I want to explain some of the key differences between hydroponic and soil fertilizers, when soil fertilizers can be used in hydroponics, how they can be used and when it is definitely a bad idea to try to use them.



Some slow release soil fertilizer being added to plants

To understand the difference between soil and hydroponic fertilizers we must first understand the difference between both growing setups. In hydroponics we try to grow plants in sterile and chemically neutral supporting media where all the nutrients are expected to be provided by the nutrient solution while in soil the media is not intended to be inert – it contains organic matter, minerals that can dissolve and living microbes – and we expect some of these to provide nutrition to our plants. Fertilizers for soil are intended to aid this process – provide material for microbes to process and supplement some of the lacking elements in the soil – while hydroponic fertilizers intend to provide all required nutrition in the forms that are mostly favorable for plants. Fertilizers for soil are often also meant to be applied once or very occasionally, while fertilizers for hydroponics are expected to be fed to the plant very frequently.

In chemistry terms, this means that fertilizers for soil will tend to contain forms of nitrogen that can be processed slowly by microbes in soil – urea and ammonium salts – while hydroponic fertilizers contain mostly nitrate salts. It is rare for soil fertilizers sold to home growers to contain large amounts of nitrates because these are easily washed away by rain, are strong pollutants of underwater ground sources and are only shortly available for plants due to their

high mobility in soil. However ammonium and urea are a terrible idea in hydroponics since ammonium fed frequently strongly acidifies the media and plants supplied their nitrogen only from ammonium in solution will tend to show toxicity issues quickly. Soil fertilizers rely on bacteria to convert this ammonium and urea to nitrate in a slow process, hydroponic fertilizers do not, they contain nitrate which is the final form of nitrogen that plants prefer for healthy growth.

— GUARANTEED ANALYSIS — F1144

| | |
|--|---------|
| Total Nitrogen (N) | 18% |
| 1.62% Ammoniacal Nitrogen | |
| 2.46% Nitrate Nitrogen | |
| 13.99% Urea Nitrogen | |
| 0.03% Other Water Soluble Nitrogen | |
| Available Phosphate (P ₂ O ₅) | 18% |
| Soluble Potash (K ₂ O) | 21% |
| Magnesium (Mg) | 0.50% |
| 0.50% Water Soluble Magnesium (Mg) | |
| Boron (B) | 0.02% |
| Copper (Cu) | 0.05% |
| 0.05% Water Soluble Copper (Cu) | |
| Iron (Fe) | 0.10% |
| 0.10% Chelated Iron (Fe) | |
| Manganese (Mn) | 0.05% |
| 0.05% Chelated Manganese (Mn) | |
| Molybdenum (Mo) | 0.0005% |
| Zinc (Zn) | 0.05% |
| 0.05% Water Soluble Zinc (Zn) | |

Derived from Ammonium Sulfate, Potassium Nitrate, Urea, Soy Protein Hydrolysate, Monopotassium Phosphate, Sulfate of Potash, Magnesium Sulfate, Boric Acid, Copper Sulfate, Iron EDTA, Manganese EDTA, Sodium Molybdate, and Zinc Sulfate.

Information regarding the contents and levels of metals in this product is available on the Internet at <http://regulatory-info-sc.com>

Guaranteed Minimum Analysis

| | |
|---|------------|
| Total Nitrogen (N) | 20% |
| Nitrate Nitrogen | 12.1% |
| Ammoniacal Nitrogen | 7.9% |
| Urea Nitrogen | 0% |
| Available Phosphoric Acid (P₂O₅) | 8% |
| Soluble Phosphorus | 3.4% |
| Soluble Potash (K₂O) | 20% |
| Soluble Potassium | 16.6% |
| Calcium (Ca) | 0% |
| Magnesium (Mg) | 0.25% |
| Chelated Iron (actual) (Fe) | 0.100% |
| Chelated Manganese (actual) (Mn) | 0.050% |
| Chelated Zinc (actual) (Zn) | 0.050% |
| Chelated Copper (actual) (Cu) | 0.050% |
| Boron (actual) (B) | 0.020% |
| Molybdenum (actual) (Mo) | 0.015% |
| EDTA (chelating agent) | 1.24% |

Comparison between a couple of typical water soluble soil (left) and hydroponic (right) fertilizer labels.

The image above shows you a comparison between the labels for a water soluble soil and hydroponic fertilizer. In terms of NPK they both seem to be similar fertilizers, but the hydroponic fertilizer will have most of its nitrogen as nitrate while the other fertilizer has most of its nitrogen as urea. There are some other differences, mainly that the amount of phosphorous in the soil fertilizer is more than double that of the hydroponic fertilizer, which is also common given that phosphate is fixed rapidly in soil and therefore a higher excess is often added to ensure plants get enough supply. At

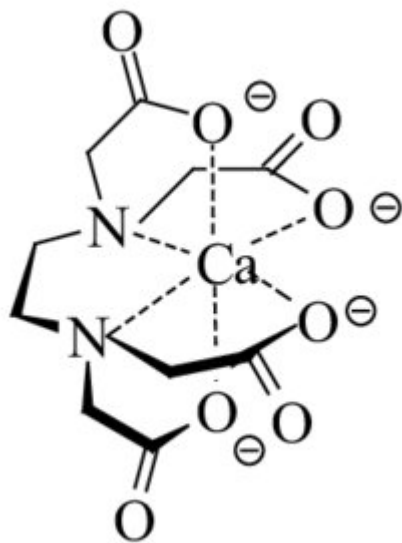
an application of 1g/L the soil fertilizer would provide 75+ ppm of phosphorous while the hydroponic one would provide around 35. Also note that none of these two fertilizers would be enough to provide total plant nutrition since they both lack a source of Ca, which is commonly provided via a separate product in both cases.

So can any soil products be useful in hydroponics? Yes. First you need to completely avoid products that contain N mainly as urea or ammonium. Useful products to get for your hydroponic grow will be fully water soluble and will either contain nitrogen solely as nitrate or no nitrogen at all. A very coarse DIY formula can usually be put together using something like a micro nutrient containing 0-10-10 bloom fertilizer (which contains no nitrogen) coupled with a source of nitrate, like agricultural grade calcium nitrate. You can use [Hydrobuddy](#) – my open source hydroponic nutrient calculator – to figure out the nutrient contributions of each one of the products you decide to get or have easily available and create an acceptable formulation from their use. The program also contains a long list of readily available raw salts that you can use to make your own fertilizer formulations from scratch if you wish to do so.

In the end, soil products for home growers are not designed for hydroponics use and should therefore be avoided except as a last resort if raw salts or hydroponic specific nutrients cannot be purchased. If you're interested in saving money, learning how to prepare your own fertilizers from raw salts will always be the best and cheapest option, provided you have the time and desire to learn how to do it properly.

Calcium EDTA and its problems in hydroponics

Calcium is mainly used in hydroponics as calcium nitrate, given that this is a very soluble and abundant form of calcium. However this is not the only way calcium can be fed to plants and a myriad of other calcium sources exist. Among this we find calcium sulfate, calcium chloride, calcium hydrogen phosphate, calcium citrate, calcium gluconate and calcium EDTA. This last form, a chelate of calcium with EDTA, is one of the most cheaply available forms of chelated calcium but carries with it some substantial problems in hydroponic culture. In this article we are going to talk about Ca EDTA, its advantages and challenges when used as a supplement for calcium in hydroponics.



Model representation of the CaEDTA^{2-} anion in the Ca EDTA salt. When talking about Ca EDTA we should first understand that this is not simply a calcium ion with an EDTA molecule wrapped around it. In reality, the product we purchase as Ca EDTA, that contains 9.7% Ca by weight, is actually represented chemically as $\text{C}_{10}\text{H}_{12}\text{O}_8\text{CaN}_2\text{Na}_2 \cdot 2\text{H}_2\text{O}$. The Ca EDTA product is

actually four parts, a few waters of crystallization, the Ca^{+2} cation, the chelating agent anion that wraps around it (EDTA^{-4}) and two sodium cations, Na^+ , that are used to counter the two excess negative charges coming from the Ca EDTA (which we should more accurately call $(\text{CaEDTA})^{-2}$). When adding Ca EDTA we are actually adding four things, a little water, Ca, EDTA and Na. Most importantly Ca EDTA is in reality 12.15% sodium, meaning you're adding more Na than you're adding Ca when you use it.

Because of the above, thinking about Ca EDTA as any significant portion of a plants Ca nutrition is going to be a problem. Adding 100 ppm of Ca through this chemical would imply adding more than 100 ppm of Na. This addition of sodium can start to be heavily detrimental to plants as higher and higher values are reached (read my article on [sodium in hydroponics](#) to learn more). Although there is not much in the way of scientific literature using Ca EDTA, we do find [some reports](#) talking about heavy toxic effects at concentrations near 2.5 mM (940.7 ppm), which would contribute around 90 ppm of Ca to a solution.

Another important aspect to consider is the EDTA molecule itself. The EDTA chelate is not passive by any means and is not covalently attached to the Ca, so can easily move away. Since it binds pretty weakly with Ca, it will want to exchange Ca with anything else that seems more attractive to it. This poses an important problem when applying it in solution, as the EDTA in Ca EDTA might dissociate from Ca and attach to another ion that it finds more attractive, it prefers heavy metals so this can actually cause extraction of things like lead from the media. This might be an important consideration when used in cases where the media might contain significant amounts of heavy metals.

Yet another interesting issue – that I haven't seen mentioned

anywhere else and only know experimentally – is that the actual CaEDTA^{2-} anion can form insoluble salts with Ca itself. This means that you can actually precipitate $\text{Ca}(\text{CaEDTA})$ in solutions that are highly concentrated in both ions. This is an important reason why concentrated solutions of Ca EDTA and Ca nitrate are very hard to prepare right, because as soon as you pass the solubility limit of $\text{Ca}(\text{CaEDTA})$ you will start to see it crystallize out of solution. Many people wonder why something is precipitating out of a solution made of two very soluble Ca salts, the reason is that Ca EDTA is not a neutral entity but can actually form a salt with free Ca. The Ca EDTA definitely requires its own concentrated solution most of the time.

So why would anyone use CaEDTA given the above set of very important problems? There are a some advantages to it that make it a good salt for some applications, particularly foliar sprays. The first is that it is not going to precipitate easily out of solutions because of anions, so it can remain at a high concentration with anions that would normally precipitate as Ca salts in the presence of free Ca. This can be interesting in the case of some anions, like salicylates, that are often used as plant growth promoters (you can see this specific use [in this paper](#)). It is also one of the only forms of Ca that is taken in by the plant as an anion, so it is Ca that can get into the plant without having to compete with other cations in their transport channels. There are therefore some cases where Ca can be used very successfully in foliar applications ([1](#)).

Although there might be some niche applications for CaEDTA, particularly allowing some experiments that would be impossible with regular Ca salts, there are also some very important issues with its use in hydroponic culture. If you're contemplating using it, I would suggest you carefully consider its chemistry in solution and interactions with other substances that will be with it, particularly in stock

solutions. You should also consider the amount of sodium being added and preferably avoid using it in feeding solution applications unless you have carefully considered all of the above and its advantages are more important for your particular use case.

Sugars in hydroponic nutrient solutions

Carbohydrates are an integral part of plants. They produce them from carbon dioxide, requiring no additional external carbon inputs for the process. However, since plants can absorb molecules through their leaves and roots, it is perhaps natural to wonder whether they could also get carbohydrates through the roots and avoid some of the stress they go through in order to produce these molecules from scratch. If plants can uptake sugar and we feed them sugars then will we get fruits with more sugars and bigger plants? It's an interesting question that I will try to answer within this post, looking at the potential use of simple sugars within hydroponic nutrient solutions.



Simple table sucrose

Although the above idea sounds straightforward, it hardly has any interest in the scientific literature or the commercial hydroponic industry. You will find no significant number of research papers studying the use of sugars – simple or complex – in hydroponic nutrient solutions and very few studies looking at sugar uptake and the interactions of *in-vitro* plant tissue with simple sugars. *This lack of interest and use is no accident, it comes from an already established understanding of plant physiology and the realization that it is not cost effective, useful or needed to add sugars to nutrient solutions.*

Let us start with what we know about the subject. We know that plants exude very significant amount of sugars through their root systems and we also know that they can re-uptake some of these sugars through their roots ([see here](#)). From this paper it seems that maize plants could uptake up to 10% of the sugars they exude back into their root systems, which implies that some exogenous sugar application could find its way into plant roots. Even worse, transporting this sugar up to the shoots is extremely inefficient, with only 0.6% of the sugar making it up the plant. This tells us that most of the sugar is wasted in terms of plant usage, a large majority never makes it into the plant and the little amount that makes it actually never goes up the plant. *Plants are simply not built to transport sugars in this manner, they evolved to transport sugars down to roots and to fruits.*

But what about the roots? Given that the plant tissue that would be in direct contact with the sugar is the roots, it is logical to think about positive effects affecting them primarily. We have some studies about the influence of sugar solutions in seedlings (like [this one](#)) which does show that sugars can stimulate the growth of new root tissue in very small plants. However in large plants most of the sugar content in the roots will come from transport from the higher

parts of the plant and the local sugar concentration will be low. Seedlings can likely benefit from sugars in the roots because leaves are producing very little at this time but larger plants are unlikely to benefit from this effect.

There is however one effect that sugars have that is very clear, they feed the rhizosphere around the plant's roots. Although plants try to care about this themselves – by exuding an important amount of sugars and organic acids – an exogenous sugar addition would most likely boost the amount of microbes around plant roots (both good and bad ones). The profile of sugars and acids exuded by plants is most likely tuned by evolution to match the microbes that are most beneficial to it and an unintended and negative effect of sugars is to boost all microbe populations at the same time, regardless of whether they are good or bad for the plant. This also increases oxygen demand around roots – because aerobic microbes will want to oxidize these sugars – reducing the amount of oxygen available to plant roots. For this reason, any application of a sugar to a nutrient solution requires the inoculation of the desired microbes beforehand, to ensure no bad actors take hold. It also requires the use of a media with very high aeration, to prevent problems caused by oxygen deprivation.

Sadly there aren't any peer reviewed papers – at least that I could find – investigating the effect of exogenous sugars on the yields of any plant specie in a hydroponic environment. Given our understanding of plant physiology, any positive effects related with anecdotal use of sugars are most likely related with positive effects in the rhizosphere that are linked with improved production of substances that elicit plant growth in the root zone by favorable microbes. This is mainly because it is already well established that transport of sugars within plants from the roots to the shoots is incredibly inefficient, so any contribution of the roots to sugar uptake will be completely dwarfed by the actual

production of sugars from carbon dioxide in the upper parts of the plant. It is not surprising that no one seems to want to do a peer reviewed study of a phenomenon whose outcome is already largely predictable from the accepted scientific literature.

If you're interested in the use of sugars in hydroponics, it is probably more fruitful to focus on microbe inoculations instead. Sugars themselves are bound to provide no benefit if they are not coupled with a proper microbe population and, even then, you might actually have all the benefits without any sugar applications as the microbes can be selected and fed by plant root exudates themselves in mature plants although sugars might provide some benefits in jump starting these populations, particularly in younger plants. Also, bear in mind that there is also a very high risk of stimulating bad microbes with the use of sugars, especially if oxygenation is not very high.

Maximizing essential oil yields: A look into nutrient concentrations

Essential oils are the main reason why several plant species are currently cultivated. These oils have a wide variety of uses either in the food industry or as precursors to more complex products in the chemical industry. Modifying nutrient solutions to maximize oil yields in hydroponic setups is therefore an important task. However, there are sadly no clear guidelines about how this can be achieved. In today's post I wanted to create a small literature review of different

research papers that have been published around the modification of nutrient solutions to maximize essential oil production and see if we can draw some conclusions that should apply to plants that produce them.



The variety of plants that produce essential oils is nothing but amazing. From plants where mainly the leaves are harvested – such as mint and basil – to plants where the flowers are used – such as roses – to plants where the seeds are used, like coriander. The wide variety of oil sources and plant species implies that the universe of potential research is immense, with every potential nutrient modification in every plant giving a potentially different optimal measurement. However, plants share some important characteristics – like photosynthesis and root absorption of nutrients – plus essential oils within different plants can share components produced using similar chemical pathways. For this reason, a look into the research universe of nutrient solution optimization for essential oil production is likely to serve as a base to guide us in the optimization of a solution for a particular plant.

| Plant | Optimal (ppm) | Link to reference |
|-------------|--------------------------------|---|
| Mint | 195-225 N , 178-218 K | https://www.actahort.org/books/853/853_18.htm |
| Sweet Basil | 180 Ca | https://www.cabdirect.org/cabdirect/abstract/20013048426 |

| | | |
|---------------|-------------------|---|
| Costmary | 200 N, 200 K | https://pubag.nal.usda.gov/catalog/732179 |
| Mint | <= 276 K | http://www.scielo.br/scielo.php?pid=s0103-84782007000400006&script=sci_arttext |
| Chrysanthemum | 159 Ca | https://pdfs.semanticscholar.org/13ea/999605458e65d9023dadabca48464a5fa70.pdf |
| Chrysanthemum | 43 N (NH4) | https://tinyurl.com/vqupwvf |
| Lavender | 300 K | https://scielo.conicyt.cl/scielo.php?pid=S0718-95162017005000023&script=sci_arttext&tlng=en |
| Rose Geranium | 207 K | http://ir.cut.ac.za/handle/11462/189 |
| Rose Geranium | 110 S, >= 68 P | https://www.tandfonline.com/doi/full/10.1080/02571862.2012.744108 |
| Spearmint | 200 N | https://www.sciencedirect.com/science/article/abs/pii/S2214786117300633 |
| Lavender | 200 N, 50 P | https://www.sciencedirect.com/science/article/abs/pii/S0926669015306567 |
| Mint | 414 K | https://sistemas.uft.edu.br/periodicos/index.php/JBB/article/view/601 |
| Spearmint | 50-70 P | https://www.sciencedirect.com/science/article/pii/S0308814618317862 |
| Marjoram | >= 36 Mg | https://www.actahort.org/books/548/548_57.htm |
| Salvia | 150 N | https://pubs.acs.org/doi/abs/10.1021/jf030308k |
| Dill | 300 N | https://www.actahort.org/books/936/936_22.htm |

Summary of different papers addressing essential oil yield optimization in hydroponic setups by varying one or several nutrient concentration values.

In the table above I summarize the research I found concerning the optimization of some mineral nutrient in the hydroponic production of a plant, specifically to maximize the essential oil yield. All of these studies optimized the nutrient within a given range and a >= or <= sign is used whenever the optimal value found is at the top or bottom of the range respectively. When more than one nutrient was optimized in the paper, I give you the values for both nutrients so that you can glimpse the optimal. Whenever the researchers suggest an optimal range instead of a value within their research this is also included as a range. I tried to find papers representing all macro nutrients but studies optimizing some elements were hard to find (Mg for example). Although I tried to include as many species as possible some species are just more commonly studied, as they are commercially more relevant (like mint and basil).

From these research results we can immediately see some clear trends. From all the studies there is no result where optimal total nitrogen concentration is below 150 ppm and 3 out of the 4 studies I found, agree that the optimal N concentration is

at 200 ppm. In the case of K all studies agree that K should be at least 200 ppm, but I did find a study on mint that got a value of 414 ppm, far larger than the value found in other studies for the same specie. This is not an uncommon discrepancy in hydroponics – optimal yields being mixed in a wide range above 200 ppm of K – which can be caused by other issues that can affect K absorption, such as the concentration of other important cations (like Ca and Mg) in the studies.

I was only able to find two studies that focused on Ca and both agree about optimal values between 150 and 180 ppm, although they address two completely different plant species (basil and chrysanthemum). In the case of Mg I found only one study and its conclusion was mainly that you want to have more than 36 ppm of Mg in solution. This is not surprising as Mg is rarely a growth limiting element in hydroponics and usually growth will not be limited to it unless its supply is very low compared to the supply of other nutrients (which is very rarely the case).

In the case of P, it's not surprising that most papers that addressed this nutrient studied plants where the essential oils are mainly in the flowers (rose and lavender), as phosphorous is a nutrient commonly associated with flowering. In the case of rose the best value in the study was sadly the upper limit and in the case of lavender the optimal value reached was 50 ppm. In this case we can therefore probably only say that both studies share having an optimal result of ≥ 50 ppm but it's hard to provide an upper bound for this. A study addressing P in spearmint also finds optimal P to be within exactly this range at 50-70 ppm.

| Element | ppm |
|---------|-----|
| N | 200 |
| P | 60 |
| K | 200 |

| | |
|----|-----|
| Ca | 160 |
| Mg | 45 |

A base “guess’ formulation for a plant producing essential oils

With these results in mind, we can sketch a base solution for a plant where essential oil production is being targeted.. An obvious guess would be to start with a solution with the concentration profile showed above. In this case we target N and K at 200 with an N:K ratio of 1 and we keep Ca at 160, making the K:Ca 1.25 (which is surprisingly close to the optimal value discussed in my [Ca post](#)). We leave P at 60 – the middle of the 50-70 range – and we keep Mg at 45, which is > 38 and is a value commonly used in regular hydroponic solutions. **The above will certainly not be the best solution for any single plant *a priori*, but it might provide a good base to start optimizing from if the objective is essential oil production.**