How to make an organic hydroponic nutrient solution

Hydroponic nutrients are usually made with synthetic chemicals that come from industrial processes. While these chemicals are usually of a higher purity than those mined or obtained from animal or vegetable resources, it also means that these products contain no microbes or bio-stimulants and their origin implies they cannot be used in organically certified growing operations. Growers who want a more organic approach might still want to use hydroponic solutions, but traditional hydroponic fertilizers cannot be used due to the fact that they lack many of the traits desired in an organic fertilizer. In this post, I will show you how you can create a complete hydroponic solution from scratch using only OMRI-approved raw materials.

This seal is given to products that have been approved by the OMRI organization, which certifies which products can be used in organic culture

OMRI nutrient sources

A complete hydroponic solution should provide all substances that are necessary for plant growth. This means we need to provide nitrogen, phosphorus, potassium, magnesium, calcium, sulfur, iron, zinc, boron, copper, molybdenum, and manganese. Furthermore, we need to ensure that all of these nutrients are provided in forms that are available for the plants. This means we need to find sources that contain all the elements we need and then create a process that makes all of these nutrients adequately bioavailable. The following are the nutrient sources that we will be using, all of them are OMRI listed:

Please note the amazon links below are referral links. This means that I get a small commission when you choose to buy the products through these links, at no extra cost to you.

- Bark compost
- Solubor
- Copper Sulfate
- Corn Steep Liquor
- Ferti-Nitro Plus
- Iron Sulfate
- Magnesium Sulfate
- Manganese Sulfate
- Potassium Sulfate
- Seabird Guano
- Zinc Sulfate

Mixing the solution

This solution cannot be created in a concentrated form. This means we will be preparing a solution that will be fed directly to plants. However, since many of the inputs contain a lot of insoluble materials – due to their origin – there will need to be a filtration process in the end. This filtration step is necessary if you want to avoid problems dealing with the clogging of irrigation lines, in case you want to feed this into a regular irrigation system. If you want to hand water directly, then you can avoid this filtration step.

Since the solution is not concentrated, the amounts to be weighed can be small for some of the materials. For this reason, I advise you to prepare at least 100 gallons of solution, so that you don't require to weigh very small amounts of material. This will help keep the errors due to measurements low. To make this preparation you will need the following materials:

- A tank that can hold 100 gallons
- A flow meter to measure water flow
- A scale that can weight +/-0.01g max 500g
- An air pump rated for at least 100 gallons of water
- Air stones to diffuse air

To prepare the solution (100 gallons), follow these steps:

1. Add 50 gallons of water using the flow meter. Ideally use RO water, but you can use tap water as well if that is not possible.
2. Weigh and add all the ingredients per the table below.
3. Add another 50 gallons of water using the flow meter.
4. Place the air pump inside the solution and switch it on.
5. Maintain constant aeration for at least 15 days. Do not use it before this time has passed.
6. After 15 days have passed, filter the solution to use in irrigation lines or use directly to hand water. Keep air flowing through the solution even after the 15 days have passed.
7. The solution might also become basic during this process, if necessary, you can bring the pH of the solution down with citric acid before watering plants.

Bark compost	190
Solubor	0.65
Copper sulfate	0.15

Corn Steep Liquor	330
Ferti-Nitro Plus	220
Iron Sulfate	4
Magnesium sulfate	190
Manganese Sulfate	1
Potassium Sulfate	136
Seabird Guano	265
Zinc Sulfate	0.10

Table of ingredients to weigh. Masses are in grams.

The reason for the long wait

Plants ideally require nitrate in order to grow, the above inputs do not contain nitrate in appreciable amounts but mainly organic nitrogen sources. In this and this previous posts, you can learn more about organic nitrogen and why it is not ideal to use this in an unprocessed manner in a hydroponic crop. When you irrigate with organic nitrogen, most of the nitrogen will go unused and significant time will need to pass in the root zone for it to become available. The organic nitrogen decomposition process can also destabilize the pH of the root zone, making it harder for plants to properly absorb nutrients. By carrying out this process outside of the root zone, we make it easier on the plants, as we feed a pre-digested solution that is rich in available nutrients and microbes. The Seabird Guano and Bark compost, both provide the microbe inoculations necessary for the nitrogen decomposition process to take place. Oxygen, which we continuously pump into the solution, is also key to this process. The CSL and the Ferti-Nitro Plus will provide the organic nitrogen sources that will be decomposed.

This solution also contains a significant amount of amino acids. Although most of these amino acids will be converted into more readily absorbable nitrate through the digestion process, a small amount will be left undigested, which will lock onto the heavy metal ions. This will help prevent precipitation issues and provide the plant with organically derived chelates.

Also note that no specific molybdenum input is included. This is because it is present as an impurity in the corn steep liquor at a high enough concentration, so its explicit addition is not required.

Conclusion

The above solution should fully replace a traditional hydroponic solution, using only OMRI-approved materials. The final concentrations of nutrients should be spot on for the healthy development of most small and large plants. The solution will also contain a lot of microbes and bio-stimulants, which will also help plant growth. Of course, the final character of the solution will depend on the temperature of the digestion, the amount of aeration present, and the nature of the inputs used (as OMRI inputs have a significant amount of variability due to their sourcing). It might take a few tries to adjust this process to your particular conditions. Note that the above solution is intended to be used with soilless media that has not been amended, as it should provide all nutrients required for plant growth.

Did you prepare the above solution? Leave a comment telling us about your experience!

How to get more phosphorus in organic hydroponics

It is difficult to supply plants with readily available phosphorus because of the insolubility of many phosphorus compounds (2). Whenever orthophosphoric acid species are present in a solution, all the heavy metals, calcium, and magnesium form progressively insoluble phosphate salts as the pH increases (3). At high pH, all of the phosphate is expected to be precipitated as long as there are excess cations to form these insoluble salts. In this post, we are going to talk about how this problem exists mainly in organic hydroponics and how we can solve it by efficiently using organic sources of phosphorus.

Seabird guano, one of the few organic, high P, soluble sources for organic hydroponics

Phophorus in traditional hydroponics

In hydroponic systems that are not organic, soluble phosphorus salts are used to provide the phosphorus necessary for plant growth. These salts are all synthetic and are therefore not allowed for use in organic crops. They are mainly mono potassium phosphate (MKP) and mono ammonium phosphate (MAP). At the concentrations generally used in hydroponics – 25-100 ppm of P – at a pH of 5.8-6.2 and in the presence of chelated heavy metals, the phosphorus all remains soluble and there are rarely problems with phosphorus availability that are directly related to the P concentration in solution. However, when trying to move to an organic hydroponic setup where we want to avoid the use of all these synthetic salts, we run into big problems with P availability.

Organic soluble phosphorus fertilizers

The first problem we find is that there are no organic sources that are equivalent to MAP or MKP. However, there are thankfully some highly soluble organic sources that contain significant amounts of P. Some guano sources are particularly high in P, especially Seabird Guano (0-11-0), while some vegetable sources like corn steep liquor (CSL) (7-8-6) can also have high phosphorus (1, 9).

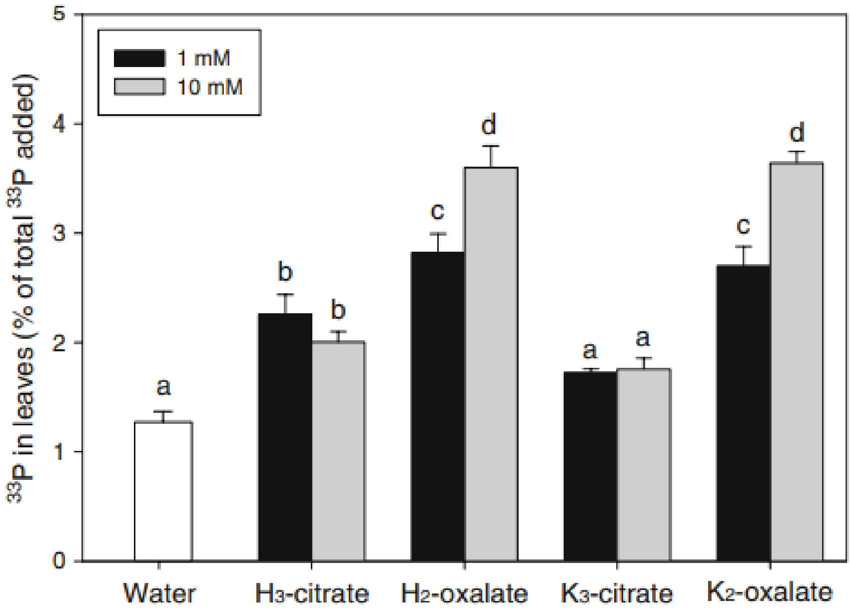
However, these sources do not only contribute phosphorus but will also contribute a variety of different substances that need to be taken into account when considering them for use. In the case of CSL, very high lactate and organic nitrogen levels imply that you will need to prepare an appropriate compost tea to use this in a nutrient solution. I wrote a blog post about a paper that describes how to make such a preparation.

In the case of seabird guano, a lot of calcium is also provided (20%) so we also need to take this into account in our formulations. *Using 3g/gal of seabird guano will provide you with a solution that contains 38ppm of P and 158ppm of Ca*, although not in exactly readily available form – as MKP would provide – it will become available much easier than insoluble phosphate amendments. Seabird guano applications should be enough to completely cover both the P and Ca requirements of most flowering plants. The seabird guano also includes a lot of microbial activity, which will reduce the oxygenation of the media when it is applied, reason why you need to be careful with the aeration properties of your media (as I mentioned in this post).

These organic sources of P might also contain significant amounts of heavy metals. Seabird guano can be notable for having significant levels of cadmium (4, 5) so make sure you have a heavy metal test of the soluble P source you intend to use to ensure you're not adding significant amounts of heavy metals to your crops.

Insoluble organic phosphorus amendments

Besides these soluble organic phosphorus sources, we also have the possibility to use mineral amendments that can be directly incorporated into the media from the start. These sources offer us some additional advantages relative to the pH and nutrient stability through time, which are not offered by using the soluble solutions. The most common amendments available in this area are rock phosphates and bone meal. Not all rock phosphates and bone meal sources are created the same though, rock phosphates mined across the world can differ in their carbonate content, which can greatly affect their solubility. *These amendments are generally used at around 60-120mL per gallon of soil.*



P uptake for different concentrations of citrate or oxalate.

Plants, however, will respond to low P in their root zone by releasing organic anions that can chelate metals and slowly dissolve these phosphates (6). Tests by adding organic acids directly do show that not all acids are the same and some are much more effective than others. In this article (7), the authors showed that oxalic acid was more effective than citric acid in making P available from a rock phosphate source. Malic acid, a very important organic acid for plants (8), can also be used for this purpose and is preferable to oxalic acid. This is because oxalic acid is not only toxic to humans but can also strongly precipitate metals like iron, which are also needed by plants.

From the literature, we can conclude that adding these acids ourselves in concentrations of around 1mM, can be a good way to help solubilize P contained in these rock phosphate amendments. Watering with a solution of citric or malic acid at 150mg/L (567mg/gal) can help free these rock phosphate amendments and contribute to plant absorption of both the phosphorus and the calcium that is bound with it. Alternatively, we can also use fulvic acid at 40mg/L to achieve a similar effect (10).

Conclusion

While there are no easy replacements for phosphorus in organic hydroponics, there are some satisfactory solutions. Soluble phosphorous sources like CSL and seabird guano can be used to provide large amounts of soluble P when required, while solid amendments like rock phosphate and bone meal can provide a sustained release of these nutrients with time, also increasing the pH stability of the media. While using only soluble sources can be the easiest initial transition from a purely hydroponic crop, it will also be harder to manage due to the effects on media pH that such applications might have. A combination of both approaches – soluble applications and amendments – can often be the most successful when implementing an organic hydroponic approach.

Organic nitrogen in hydroponics, the proven way

Nitrogen is a critical nutrient for plants. In hydroponics, we can choose to provide it in three ways, as nitrate, as ammonium or as organic nitrogen. This last choice is the most complex one. It contains all possible nitrogen-containing organic molecules produced by organisms, such as proteins and nucleic acids. Since nitrate and ammonium are simple molecules, we know how plants react to them, but given that organic nitrogen can be more complicated, its interactions and effects on plants can be substantially harder to understand. In this post, we will take an evidence-based look at organic nitrogen, how it interacts in a hydroponic crop and how there is a proven way to use organic nitrogen to obtain great results in our hydroponic setups.

An organic nitrogen source, product of corn fermentation, rich in protein and humic acids

Nitrogen uptake by plants

The main issue with organic nitrogen is its complexity. Plants will mainly uptake nitrogen as nitrate (NO_3^-) and will also readily uptake nitrogen as ammonium (NH_4^+) to supplement some of their nitrogen intake. However, organic nitrogen is made up of larger, more complex molecules, reason why its uptake is more complicated. Various studies have looked into whether plants can actually uptake organic nitrogen directly at all (1, 2). They have found that while some uptake is possible, it is unlikely to be the main contributor to a plant's nitrogen uptake. While plants might be able to uptake this organic nitrogen to some extent, especially if it is comprised of smaller molecules (3, 6), it is unlikely that this nitrogen will be able to replace the main absorption pathway for nitrogen in plants, which is inorganic nitrate.

Effects of organic nitrogen in hydroponics

Many researchers have tried to figure out what the effect of organic nitrogen is in hydroponics. This study (4), looked at the effect of various organic nitrogen sources in the cultivation of lettuce. The study tried to measure how these fertilizers compared against a complete Hoagland solution. The results show that the organic nitrogen sources were unable to successfully compete with the standard mineral nutrition. The best result was obtained with blood meal, with less than half of the yield obtained from the Hoagland solution. It is clear that this study is not fair, as using organic nitrogen sources as the sole source of nutrition means more deficiencies than simply nitrogen might be present, but it does highlight some of the challenges of using organic nitrogen in hydroponics.

Another study (5), performed a more direct comparison of various different nitrogen sources, changing only the nitrogen source between nitrate, ammonium, and organic nitrogen in the cultivation of tomatoes. Organic nitrogen performed the worst across most measurements in the study. This showed that organic nitrogen is, by itself, not a suitable form of nitrogen for plant absorption and is unable to replace the nutrition provided by a synthetic inorganic nitrate source. This is especially the case when the organic nitrogen comes from more complex sources.

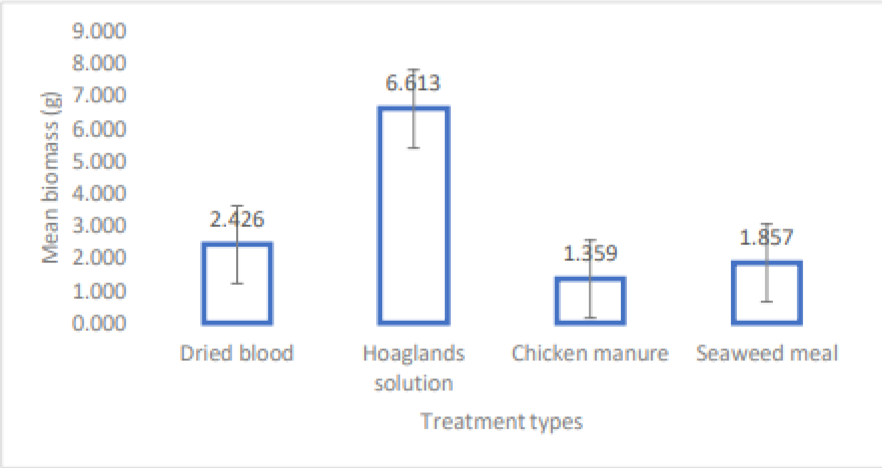


Figure 10: Compares the mean values for dried lettuce biomass of the four different treatment types.

Taken from this thesis.

How to solve these issues

As we've seen, the main problem with organic nitrogen is that plants cannot uptake it efficiently. However, the nitrogen cycle provides us with mechanisms to convert organic nitrogen into mineral nitrate which plants can readily metabolize. The best way to achieve this is to prepare compost teas using the organic nitrogen source to create a nutrient solution that is better suited for plants. The use of nitrifying organisms provides the best path to do this. These organisms are present in a variety of potting soils and composts, but can also be bought and used directly.

This study (7) showed how using goat manure coupled with nitrifying bacteria was a viable path to generate a nutrient solution suitable for plant growth. Another study (8), also using manure, confirms that viable nutrient solutions can be created and used to grow crops successfully when compared to hydroponic controls. Manure, as an animal waste product, contains a lot of the macro and micronutrients necessary for plant growth, providing an ideal feedstock for the creation of a full replacement for a nutrient solution.

Another interesting study (9) uses vegetable sources in order to study the creation of such solutions. I recently used this study to create a detailed post about how to create a nitrate-rich compost tea for use in hydroponics starting from corn steep liquor and bark compost as inputs.

In conclusion

Organic nitrogen sources, by themselves, are not suitable as the main source of nitrogen for plant growth. This is especially true of very complex nitrogen sources, such as those contained in blood meal, corn steep liquor and fish emulsions. However, we can take advantage of nitrifying bacteria and use these inputs to create nitrate-rich solutions that can be used to effectively grow plants. *This is a proven solution that has been tried and tested in multiple studies and in nature for hundreds of thousands of years*. Instead of attempting to use organic nitrogen sources either directly in the hydroponic solution or as media amendments, create compost teas with them that contain readily available mineral nitrate instead.

Do you use organic nitrogen in hydroponics? What is your experience?

A powerful organic fungicide for powdery mildew

Powdery mildew (PM) is a hard disease to fight. It affects plants of multiple different species and causes big crop losses around the world. Although the best treatment against it is prevention, there are still ways to combat the pathogen and reduce crop losses once plants are infected. There are a lot of products currently being marketed to try to fight these fungi but many of these products are systemic fungicides that cannot be easily used in eatable crops, especially when getting closer to harvest dates. In this post, I want to share with you a formulation for an all-organic and powerful fungicide, backed by peer-reviewed research, that you can use as a strong line of defense against PM. Also checkout my previous post detailing the recipe for a natural fungicide based on a US patent to fight fungal disease.

A lot of research has been done to deal with PM. This disease is sadly not caused by a single species of fungus but is actually an array of different species of fungi that attack multiple different plants, showing similar symptoms. Thankfully, there are several organic treatments that have been found to be effective against many of the fungi that cause this problem.

Jojoba beans and oil

Vegetable oils have been some of the more effective solutions found. Sunflower oil was found to be quite effective in the treatment of PM in tomato crops (1). Emulsions of vegetable oils with yolk have also been found to be effective fungicides to treat PM in cucumber (2). As a matter of fact, many cooking oils, including safflower, olive, corn, and soybean, show some control properties against PM, especially when they are properly emulsified and can spread evenly on leaves. Their main mode of action seems to be to inhibit the germination of spores.

More chemically active plant oils have also been found to work against powdery mildew. This review (3) highlights some of the research that was done until 2014 for the control of PM using this sort of chemicals. Essential oils such as Hyssop (4), citronella, lemongrass, eucalyptus, cinnamon, tea tree (5), and many others have been tried, but although active in PM control, few have been able to give broad efficacy across multiple plant species. However, Jojoba oil has been one of the few oils with consistent results across multiple plant species (6, 7, 8). Japanese knotweed oil has also proved effective (9, 10, 11), although it is considerably more expensive.

Comparison of multiple different treatments in the inhibition of powdery mildew spore germination. Taken from this article.

It is also key to realize that the effectiveness of the above oil treatments hinged on the proper emulsification of these oils with water. This means that an adequate formulation should contain a surfactant to help disperse the oils into the water. The papers cited above use either completely synthetic emulsifiers – such as Tween 20 – to natural emulsifiers such as milk or yolk. However, one of the most popularly used and effective organic emulsifiers, yucca extract, could help us better emulsify these oils for their use as foliar sprays.

To prepare the organic fungicide for the prevention and treatment of PM, use 1g/gal of yucca extract, 45mL/gal of Jojoba oil, and 25mL/gal of sunflower oil. Add the yucca extract first and mix till it's all dissolved, then add the oils and mix well before application. Ensure the oils are completely emulsified before performing an application. You can apply this as a foliar spray once per week.

The value of Fulvic Acid in hydroponics

Fulvic and humic acids have been studied for decades and used extensively in the soil and hydroponic growing industries. I previously talked about the use of humic acid in hydroponics and the way in which it can improve crop results. In that post, we talked about how humic acids can improve nutrient chelation and how this can lead to improvements in yields depending on the origin and properties of the humic substances used. In this post, we are going to take a look specifically at fulvic acid substances, which are a smaller family that has potentially more valuable uses in the hydroponic space. We will start by discussing what differentiates fulvic and humic acids and what the current peer-reviewed evidence around fulvic acids tells us.

This is a model of the general type of molecule that makes up fulvic acid. Note that fulvic acid is not a pure substance, but a mixture of many substances with similar chemical properties.

Fulvic acids are not chemically pure substances, but a group of chemicals that result from the decomposition of organic matter. This process generates both humic and fulvic acids. However, fulvic acids are different from humic acids in mainly two ways. The first is that fulvic acids are soluble at both acid and alkaline pH values, and the second, is that fulvic acids generally have much lower molecular weights. Fulvic acids are therefore more soluble and are more easily accessible to plants compared to humic acids, which have much larger molecular weights. But why should we use them in hydroponics and exactly how?

Sadly, not many publications have tackled the use of fulvic acid in crops specifically. One of the few examples of reviews that touch on the matter is this paper, which covers most of the literature around fulvic acids before 2014. I also did a literature review myself, trying to find articles in which the fulvic acid source, application type and rate, and the results against a control without fulvic acid were clearly explained. The table below shows you the results of my search, I was able to find 10 papers overall, with a mix of root and foliar applications of fulvic acid, with a range of application rates and plant species. Almost all of these papers found positive results from the use of fulvic acid, except two papers that found either no effect or mixed results from their use.

The range of application depends substantially on the application type. Most papers that tackled foliar applications chose application rates in the 1-3g/L range, while papers that tackled root applications generally stayed in the 25-150ppm range. This is normal since foliars are generally much more concentrated than root applications. Both types of applications have different effects. Root applications are going to exercise an additional strong nutrient chelating role, while foliar applications are more likely to exert a hormonal role. A study around genetically modified tomato plants showed that plants engineered to be insensitive to IAA were also unable to respond to fulvic acid, hinting at the fact that fulvic acid has an auxin-like effect in plants.

Ref	Application Type	Crop	Application (ppm)	Effect
1	Foliar	Tomato	800-1100	yield+ number+ cracking-
2	Root	Cucumber	100-300	growth+
3	Foliar	Grapevines	500	yield+ growth+ quality+
4	Root	Pepper	25	quality+

5	Foliar	Wheat	500-1000	no effect
6	Root	Impatiens	40	yield+ flowering+
7	Foliar	Faba Beans	1500-3000	yield+
8	Root	Tomato	15-30	mixed
9	Root	Okra	1500-3000	yield+ quality+
10	Root	Potato	150	yield+

Literature search of fulvic acid related publications. The websites where you can read the articles are linked in the "Ref" column.

The effects seem to be quite positive overall, with increases in yield, quality, and flower numbers across the board. The studies above that investigated nutrient transport also showed substantial benefits when root applications of fulvic acid were used. Plants grown in a Hoagland solution showed better nutrient transport when fulvic acid substances were used in the nutrient solution. This is possibly both due to their ability to chelate micronutrients and their ability to provide an additional pH buffer at the region of interest in hydroponics (5.5-6.5). This study, shows how fulvic acid substances can have pKa values in this precise region, although their still relatively large molar mass implies that they will contribute marginally to buffering capacity, especially if used only in <100 ppm concentrations.

Fulvic acids also seem to be synergistic with several other biostimulants in the studies showed above. When tests were done with humic acids or other biostimulants, the effect of the combination is usually better than the effect of either part on its own. This means the fulvic acid might not only be a good addition on its own, but it might also contribute significantly to enhance the effect of other biostimulants used.

It is however important to note that fulvic acids do have negative effects when used in excess, reason why their application rates need to be carefully controlled. Using too much can lead to drops in yields and quality along with slower growth. If you want to start using them, it is, therefore, wise to start at the lower range of the application rates shown above and climb up as you gauge the effects. It is also important to note that – as humic acids – different sources of fulvic acid might have different effects, as the actual molecules that make up the substance will change.

A big advantage of the use of fulvic acids in hydroponics is also that their solubility is quite high, so the risk of clogging or damaging equipment is low. This is a significant advantage over humic acids, which have lower solubility and can cause problems because of this in hydroponics culture, especially if there are drops in the pH. In hydroponics, fulvic acids can also lead to additional solution stability, especially in recirculating systems, where the destruction of heavy metal chelates as a function of time can become a bigger risk.

All in all, fulvic acids represent a relatively cheap addition to a hydroponic regime that has limited risk and a lot of potential upsides. Literature research shows us that low rate applications, if anything, might just have no effect, so the risk of damage to a hydroponic crop by trying fulvic acid applications is low. The synergistic effects shown by fulvic acid are also interesting since this means that they might make other additives you are currently using even more potent. When looking for fulvic acids, make sure you check for high solubility, solubility in low and high pH, and a source that matches the sources used in the literature results you’re interested in reproducing.

New to organic hydroponics? Consider these six things

Although hydroponic crops cannot usually be labeled as "organic" by official certifying authorities, like the USDA, we can create a hydroponic crop that is "organic" in spirit. We can do this if we avoid the use of traditional synthetic chemical fertilizers – meaning using only OMRI listed products – and use a growing media that mimics some of the functionality that is provided by soil. This can be quite tricky to do and can lead to substantial issues in crops, reason why it is important to be aware of the problems that can arise. In this post, I will talk about five important things to consider when trying to do an organic hydroponic crop.

The media needs to be friendly for microbes. A traditional hydroponic crop will benefit from having media that is as inert as possible. However, if you are going to be avoiding synthetic fertilizers, this means that certain functions will need to be carried out by microbes. Most importantly, microbes will carry out the conversion of protein-derived nitrogen to ammonium and then nitrate nitrogen. Peat moss and coco can be friendly media for microbes, while rocky media like rockwool, perlite, vermiculite, and sand, can be more hostile. Peat moss is my preferred media for this type of setup, as the acidification of the peat moss will also help deal with some of the chemical issues that arise through an organic hydroponic crop.

Organic hydroponics farm using a nutrient solution with an amended media

Provide a nutrient solution that is as complete as you can. Your hydroponic nutrient solution should still give your plants a fair amount of nutrition, especially nutrients that are easily soluble and can leech from the media. There are several OMRI approved soluble sources of vegetable/animal-derived nutrition that can be used to create an organic feed for your plants, such as fish emulsions and kelp extracts. There are also some valuable mineral sources that are mined that can be used, such as sodium nitrate, potassium sulfate, gypsum, and magnesium sulfate (Epsom salt). Use these sources to create a balanced nutrient solution for your plants.

Amend the media to compensate for what the nutrition solution will lack. An organic hydroponic crop will generally need to contain some form of amended media because the nutrient solution will not be able to effectively provide all the nutrients it provides in a regular hydroponic crop. The absence of synthetic salts implies that we will not be able to provide things like nitrates and phosphates in the amounts we would desire. This means that nitrogen and phosphorus will both need to be added to the media to some extent. This can be done with vegetable protein, bone meal, and rock phosphate amendments.

Keep aeration higher than you would in a normal hydroponic crop. In a normal hydroponic crop, the number of microorganisms and organic decomposition reactions in the media will be quite low. However, when we move to a setup where a significant amount of nutrition is provided by microorganisms in the root zone, aeration becomes a big issue due to the increased oxygen demand from the bacterial and fungal populations in the media. A media used for an organic hydroponic setup will usually require a substantial amount of aeration to be present. *If using peat moss, it is useful to mix it 40/60 with something like perlite or rice husks in order to improve the aeration properties of the media substantially.*

A great, yet very smelly, source of N, Fe and other micronutrients for organic hydroponics

Bad heavy metals are going to be your enemy. Plants require some heavy metals and media like peat moss will lack the amounts necessary to properly sustain plant growth. However, resist the temptation to amend the media with something like green sand or azomite – a volcanic rock – as these sources can contain very important amounts of bad heavy metals, like lead, arsenic, and mercury. Instead, it is better to use amendments that provide animal sources of metals – like blood meal – or to use an organic source of soluble heavy metals in your nutrient solution, such as the Biomin series of products. Compost teas can also be a very important source of needed heavy metals. Be very aware of bad heavy metals in your organic inputs.

Inoculate the media with the bacterial and fungal populations you need. Since bacteria and fungi are going to be your allies, you need to properly inoculate the media with healthy microbe populations. I would advise inoculating with both beneficial fungi, like Trichoderma species and also with a bacteria-containing product, such as Tribus. Compost teas can also be an important source of bacteria and fungi to colonize the plant’s rhizosphere.

Although the above is by no means a complete list, it does highlight some key points when moving from a purely hydroponic setup into a hydroponic setup that will rely heavily on microbes for the release of nutrients. This is a midway approach between a soil-based approach and a complete hydroponic setup, where we are expected to provide some of the nutrition through the nutrient solution but a lot of it is also expected to come from the media itself. It can be done successfully and amazing crops can be grown with it, however, it does require you to apply the skills of both soil and hydroponic crop manager.

Is hydroponics organic? Is it better or worse?

There has been a battle raging during the past decade between soil-based organic producers and hydroponic growers, to figure out whether hydroponically produced crops can or cannot be considered for organic certification. The entire discussion centers around whether a hydroponically grown crop can in fact comply with the requirements of the USDA organic standard. Within this post, we are going to discuss why there is even a discussion, why a hydroponic crop could be considered organic, and what the arguments against such a designation currently are.

USDA Organic food coming from traditional organic based growing practices

All that is required for a crop to be considered “hydroponic” is the complete absence of soil. This means that all the nutrition required for the crop is going to come from the nutrient solution and the substances that are put within this solution can or cannot comply with the USDA requirements for the “organic” label. Some substances like heavy metal chelates, potassium phosphates, and most nitrates, are forbidden by the USDA organic designation due to their synthetic origin, and the environmental impact of their production and normal usage. However, the total impact of these substances also rests heavily on how the hydroponic crop manages them and how efficiently they are used.

A hydroponic crop could use a fraction of the water and fertilizer used by a traditional soil crop of the same area while capturing all fertilizer effluents, making it environmentally more sustainable than a traditional soil crop and probably worthy of some sort of designation to recognize this fact. A hydroponic crop grown with traditionally produced synthetic fertilizers, that has absolutely no fertilizer dumping of wastewater to the environment and uses no synthetic pesticides on products has a low environmental impact and produces food of very high quality. Hydroponic crops can also use land that would otherwise be unusable by traditional soil-based methods, expanding the area that could be used for healthy and sustainable food production.

However, the defendants of the organic designation argue that it is not only about what is being produced and how it is being produced but where it is being produced. The argument is that the organic designation and requirements have specific provisions about soil sustainability and soil building, that a hydroponic crop could not possibly comply with. They argue that part of the spirit of the organic designation is to make growing in soil more sustainable and that hydroponically grown crops simply cannot do this because they completely lack any soil or any soil building process.

Both hydroponic and traditionally designated organic crops can produce food that is healthy, pesticide-free, and sustainable. Hydroponic crops can do this on land that is not traditionally arable and can do so at astonishingly high efficiencies. Therefore, it would be fair to provide hydroponic crops that are evaluated to be sustainable and grown over non-arable land, an organic designation, since they comply with the spirit of what, I believe, the people who buy organic want, which is to have foods that are produced in a sustainable manner, with little impact on the environment. If the use of synthetic fertilizers is a concern, a requirement to meet this designation could also be the use of the same array of inputs available to traditional organic growers. This is harder to achieve, but still viable within the hydroponic production paradigm.

Some hydroponic farms can be very sustainable. Farms coupling hydroponics with fish production – known as aquaponics – can make use of no synthetic fertilizers at all.

Recently, hydroponic growers have won battles in California about being granted an organic designation, however, because of the large amount of money that the organic designation carries – allowing growers to charge a big premium for items designated as organic – the organizations of soil-based organic growers are going to continue to fight this as much as they can. Organic grower organizations have even fought the potential for an independent “organic hydroponic” designation (see here), as they say, this might be confused with the normal “organic” designation and negatively affect their products.

Not all hydroponic crops are environmentally sound though. Many of them can be incredibly polluting and can make inefficient use of both water and fertilizer resources. For this reason, a designation is required to distinguish those that are sustainable from those that are not. If the USDA organic designation requirements are adjusted to accommodate for the potential for highly sustainable hydroponic crops grown on non-arable land, this would be a huge step in giving customers a clear way to tell products apart.

Hydroponic crops can be sustainable, have a low impact, and produce very high-quality, nutrient-rich food with no pesticides. They can make more efficient use of land, water, and non-synthetic fertilizers than soil-based crops do. However, the fact is that few of them really meet these criteria, because there is no designation they can achieve that would make this worthwhile from a commercial perspective. So while they are not organic at the moment, giving them the possibility to be organic would be a huge step towards a more sustainable future in agriculture. It could motivate hydroponic growers to become more sustainable and embrace a lot of the practices of soil-based organic growers.