Factors limiting the life of a recirculating hydroponic nutrient solution

Hydroponic systems that use recirculating nutrient solutions can be more efficient in terms of water and nutrient usage. However, despite how good the management of a solution is, there are certain factors that will limit the time that a solution can be maintained without performing a full change of the entire recirculating nutrient solution within the system. By performing actions to attenuate some of these factors the life of the nutrient solution can be increased but trying to keep a nutrient solution endlessly is often impractical, both from a technical and economic perspective. In today's post I will talk about the factors that limit the life of a recirculating nutrient solution and some of the actions that can be taken to increase the life of the solution.

Selective nutrient uptake. Plants will uptake some nutrients significantly faster than they do others. This will lead to a substantial accumulation of certain nutrients within the solution if nutrients are replenished to keep the EC of the solution constant at constant volume. Most commonly phosphorous will tend to accumulate within the solution. This is because plants will uptake this nutrient significantly slower than the others, while it will be replenished in full strength every time nutrients are added. This will tend to increase the ratio of phosphate to other nutrients, eventually causing phosphorous, calcium and magnesium issues within the solution. Micronutrients will also be replenished more than they are consumed and micros like Molybdenum and copper can dangerously accumulate in solutions that are kept for long periods of time (months).

The above is the main reason why nutrients are often replaced every 2-4 weeks in recirculating hydroponic setups. Chemical analysis can help expand this time – by allowing the grower to selectively replace only the things that have been taken – but this requires growers to have experience in the calculation and creation of nutrient formulations and to be able to effectively adapt the nutrients as required.

A small scale, recirculating hydroponic crop

Contamination by pathogens. Nutrient solutions will get contaminated by external pathogens as they recirculate and come into contact with the media and the air. This contamination with pathogens might grow to the point that plants start developing disease, which can lead to substantial losses as diseases are spread incredibly efficiently within recirculating nutrient solutions. Potential solutions such as ozone and UV filtration can help eliminate the pathogens, but these oxidative actions will also destroy important aspects of the nutrient solution, such as the chelating agents that are used to wrap around heavy metal ions. This means that – as you destroy pathogens – you will lose heavy metal availability as it will become easier for the free metal ions to precipitate under this circumstances. When using in-line UV or ozone in a reciruclating environment it often becomes necessary to be careful with the analysis and replenishing of chelated heavy metals, especially iron.

Plant root system contributions (exudates). The plants will also contribute chemicals to the nutrient solution, which will increase both the carbon content and the biological activity of the nutrient solution. These substances can severely impact the growth and development of the plants as well, as these exudates can contain hormonally active molecules that trigger biological processes within plants. You can eliminate most of these molecules by the use of carbon filters and oxidative sterilization processes but this will cause some of the same issues mentioned in the previous paragraph about pathogen contamination. Carbon filters will also need to be checked and replaced regularly otherwise they will just fill up and become ineffective.

Accumulation of non-nutrient substances. Some ions that are added with water will not be used as nutrients and will just tend to accumulate in a nutrient solution until they become poisonous to plants. The most important accumulation problems are related with sodium and chloride in regions where water contains a significant amount of these ions (like Southern Europe, see here). This is problematic because you will always tend to add these ions with new water additions, so you have limited power to control their accumulation. This might require the use of reverse osmosis systems to add water that contains low levels of these contaminants or – often way more economically – will force the replacement of the solution at some point. Note that poisonous heavy metals – like As, Hg, Cd – can also accumulate with time, reason why the life of a nutrient solution should always be limited, regardless of the efforts made to never replace it. Impurities in your salt inputs can also play an important role in contributing with this non-nutrient accumulations.

I hope the above serves as a good explanation of the common factors that limit the life of a recirculating solution in hydroponics. Maintaining a recirculating nutrient solution is not just “adding water with nutrients to top it off” or “add nutrients to maintain a certain EC”, it requires a substantial amount of care in the evaluation of the nutrient evolution as ions accumulate, other are used and the plants themselves also contribute their own organic molecules to change the makeup of the nutrient solution. In most cases, the solution to just “change the solution every 2 weeks” is just the most economically viable answer but this can be undesirable if both water usage and contamination of water resources wants to be minimized. With good management, solution lifetimes can often be extended to 8-16 weeks, but going beyond that can be risky due to aspects of ion accumulation that are hard to control (as those mentioned in the last problem).

Five tips to successfully manage your nutrient solution in a recirculating hydroponic setup

Although a significant portion of hydroponic growers use run-to-waste setups – where the nutrient solution is ran through plants and then lost – the industry is now moving towards the implementation of recirculating hydroponic systems in order to reduce both water usage and the unnecessary dumping of fertilizers into sewage systems. A recirculating setup has many advantages and can provide better yields than run-to-waste setups, provided the solution is properly managed and changed through the growing cycle. In this post I’m going to talk about five tips that will help you successfully manage your nutrient solution when using this type of system.

Ensure the volume of the reservoir is at least 10x the volume necessary for a single irrigation. The total volume of a reservoir is key in a recirculating setup because you want the bulk of the solution to be unaffected by whatever nutritional changes are caused by the plants during each feeding. This means that you want most of the solution to be inside your tanks and not inside the media when every irrigation is done. A simple rule of thumb is to make the volume of your initial reservoir at least 10x the volume that it would take to carry out a single irrigation of your entire crop. If you do this the water and nutrient absorption effects will happen slowly and will give you time to manage your solution without any harm coming to the plants.

A recirculating hydroponic tomato system using dutch buckets

Circulate your solution until your pH and EC are constant. After an irrigation cycle starts, the solution will first mix with the remnants of the last irrigation cycle within the media, which will make the pH and EC of the return different from those of the main tank. In order to ensure that the plant's root system is being subjected to the desired nutrient concentrations, make sure you carry out the recirculating process until the EC and pH of the tank remains constant and matches the return pH and EC. Once this happens you know that the conditions within the media have now been equalized with the larger body of solution and you can stop the irrigation process. Constant monitoring of the pH and EC within the tank are therefore necessary within this type of setup.

Add water and *not* nutrients when the EC increases with every irrigation. In a normal recirculating setup the EC of the solution in the main tank will tend to increase with every irrigation while the total volume of the solution will decrease. This happens because healthy plants *always* absorb more water than nutrients, which means any measure that’s proportional to concentration – such as the EC – will tend to increase as the amount of water goes down. You want to add enough water to bring the EC down to the desired EC but you do not want to add nutrients with this water and this would increase the EC or contribute to nutrient imbalances within the solution. Note that you will need to add *less* water than the amount that was absorbed by the plants, because the plants also take some nutrients with them, meaning that the amount of water needed to reestablish the EC to what it was before will be lower. If an initial solution has 1000 gallons, the volume might go down to 950 gallons on the first irrigation but you might only need to add 20 gallons to bring it back to the original EC, making the total in the end around 970 gallons. *Make sure the pH of the tank is also corrected after every irrigation and water addition*.

Replenish water with nutrients when volume is down 40%, use this as an opportunity to shift the solution. As discussed in the last tip, the volume of solution will go down with time, even if some water is added to return to the original EC. At some point more than 40% of the volume will have been spent and it is at this point where you should fill the tank back to its full volume with water plus nutrients. You can also use this opportunity to change the nutrient ratios and skew them in the direction that you want your plants to follow nutritionally. For example in a flowering crop it is common to increase the amount of potassium during the blooming stages of the plant, so this can be done as nutrient solution is replenished after it’s consumed by the plants. *Note that this process cannot be carried out indefinitely because both nutrient imbalances and plant exudates will accumulate within the main solution*. Most recirculating crops will fully change the solution every 3-4 weeks to avoid these problems although the life of the solution can be extended further when chemical analysis is done – to customize nutrient replenishing – and adequate filtering is implemented to remove substances contributed by plants.

Add in-line UV filters and carbon filters. It is fundamental to ensure no microorganisms contaminate your nutrient solution. For this reason, online UV-filters are necessary to keep the nutrient solution as sterile as possible. Carbon filters are also very useful as they remove plant exudates that can contaminate the solution and cause problems within the crop itself. Many of these exudates are food for microorganisms, others are plant hormones that might cause unwanted responses in the plants. However both carbon filtration and UV filters can cause some issues – such as the destruction and adsorption of heavy metal chelates – so it is important to use chelates that are more resistant to UV and have less affinity for carbon filters to alleviate these problems.

There is certainly a lot more to the management of recirculating hydroponic solution than what I have detailed above, *it is important to note that some of these tips are simplifications and much better tailor-made solutions are possible with a proper analysis of each situation*. These are just some simple tips to hopefully make your change towards the use of recirculating systems a lot easier and should greatly increase your chances of success in the world of recirculating hydroponic setups.